

express

THE HOLIDAY DRINKS
ARE HERE.



© 2003 Starbucks Coffee Company. All rights reserved.

A PUBLICATION OF **The Washington Post** | WWW.WASHINGTONPOST.COM/EXPRESS | WEEKDAY EDITION | >> **FREE** <<

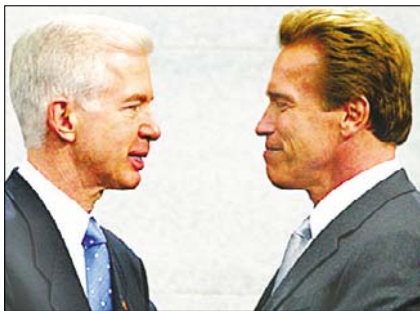
Tuesday

NOVEMBER 18, 2003

California Swap: Arnold holds low-key inauguration | **3**

Iraqi Pullout: Italian official resigns, citing frustration | **5**

Arson in Va.: D.C. fire spree spreads into new territory | **8**



Former California Gov. Gray Davis greets new Gov. Arnold Schwarzenegger on Monday.

She Keeps Bopping: Cyndi Lauper is still working, and still cute; also, Thanksgiving books most kids will gobble up | Jay-Z | "Mamma Mia!" and more.



>> **11-13**

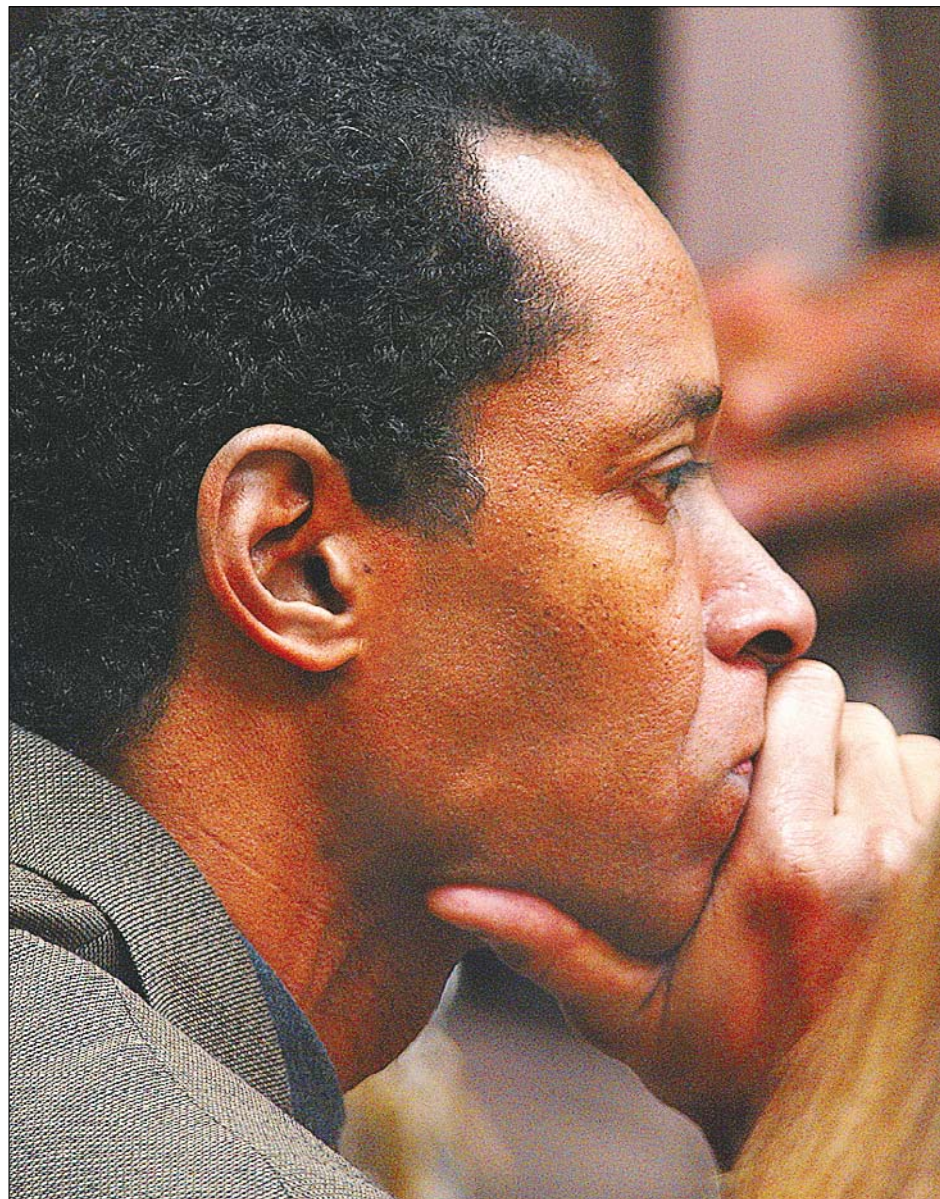
Weather > Cloudy



58 | 52

FULL FORECAST ON PAGE TWO

Muhammad Guilty



VERDICT: John Allen Muhammad stares straight ahead after being found guilty in the murder of Dean Harold Meyers during last year's sniper killing spree. Muhammad faces a possible death sentence.

Trial now turns to whether sniper killing warrants death

VIRGINIA BEACH, VA. | In a verdict that could cost him his life, a stone-faced John Allen Muhammad was convicted Monday of using a high-powered rifle, a beat-up car and a teenage sidekick to kill at random and terrorize the Washington area during sniper attacks last year that left 13 people dead.

The jury immediately began hearing evidence on whether Muhammad should get the death penalty or life in prison.

"We reserve the death penalty for the worst of the worst," prosecutor Richard Conway told the jurors. "Folks, he still sits right in front of you without a shred of remorse."

The jury deliberated for 6½ hours over two days before convicting Muhammad of two counts of capital murder. One accused him of taking part in multiple murders, the other — the result of a post-Sept. 11 terrorism law — alleged the killings were designed to terrorize the population.

He was found guilty of killing Dean Harold Meyers, a Vietnam veteran who was cut down by a single bullet that hit him in the head on Oct. 9, 2002, as he filled his tank at a Manassas gas station. Muhammad was also found guilty of conspiracy to commit murder and use of a firearm in a felony. MATTHEW BARAKAT (AP)

❖ **For more:** Public outcry for Muhammad to be put to death; no 911 tapes allowed in Malvo trial | Page 8

LIFE OR DEATH Deciding factors:

→ **Virginia's** terrorism law allows for execution if a killing was meant to terrorize the public.

→ **Muhammad's** lawyers say there's no evidence he shot Meyers himself.

→ **A death** sentence would face review by Va. Supreme Court.

LINGUISTICS | Y'all Don' Unnerstan'? Voice-recognition equipment used by the Shreveport, La., police department to route non-emergency calls has been sidelined by the drawls of many callers. The system asked people to name the person or department they wanted. More

often than not, the system just didn't understand, and callers wound up at the wrong place. A switch to a lower-tech, touch-tone system was scheduled for Monday, a spokeswoman said. **EyeOpeners** | Page 2



EyeOpeners

GETAWAYS

Your Own Private Igloo

A honeymoon on ice might seem a little frigid. But Alaskan resort owner Bernie Karl figures his Aurora Ice Hotel, a 30-foot-high Gothic palace near Fairbanks, will be a hot destination. The hotel will measure 110 feet by 40 feet and include seven rooms. Its 8-foot-thick side walls of snow will be reinforced with a skeleton of laminated wood arches, metal bands and refrigeration lines. Karl hopes to open soon after Thanksgiving. (AP)



BILL ROTH/ANCHORAGE DAILY NEWS/AP

NAMES AND PLACES

Get a Load of Crapo

The folks on Crapo Street in Highland Township, Mich., are a little unhappy with their address. Although the street is pronounced "Kray-po," most people call it "Krapp-o" and the embarrassment has prompted

residents to ask for a new name. Highland Township trustees — intent on honoring former Michigan Gov. Henry Howard Crapo, for whom the street is named — agreed to ask for a change to Governor Crapo Street, The Daily Oakland Press reported last week. (AP)

COMMERCE

Showing Some Plastic

It's not the window dressing that has some folks upset in Greenwich, Conn. — it's the undressing. The display window in a downtown Victoria's Secret features mannequins in thongs. Resident Lenora Levy told The Greenwich Time newspaper the scantily clad mannequins are meant to titillate onlookers. A spokesman for the lingerie chain says the store is just trying to sell underwear. (AP)

ON THE ROAD

Illegal Itch

A lawyer in Madrid, Spain, is appealing the \$70 fine he received from police who stopped him for driving while using a cell phone. He told officials he was scratching his ear, and showed proof that he had made his last call the night before. So they came up with a different citation — driving while holding his ear with his right hand in a "permanent fashion." (AP)



MARY GODLESKI/AP

CEREMONIES

Love in an Elephant

Melissa Berg and Jeff Daniels give new meaning to the phrase "animal attraction." The two animal lovers, both veterinarians, were married Sunday inside Lucy the Elephant, a six-story wooden pachyderm that overlooks the New Jersey shore. "When we were thinking of places to get married, we wanted something significant to us," Berg said. "Plus, I've always been into the roadside-America type of genre." The reception was held afterward — at the nearby Ram's Head Inn, of course. (AP)

5 Day Forecast for the Washington Area

All forecasts provided by AccuWeather.com ©2003

| Today | Wed. | Thurs. | Fri. | Sat. |
|----------------|----------------|----------------|----------------|----------------|
| Hi 58 Lo 52 | Hi 65 Lo 41 | Hi 56 Lo 44 | Hi 60 Lo 46 | Hi 64 Lo 46 |

UV Index (for solar noon)
1 out of 10, minimal

Air Quality Index (AQI)
AQI Today: Not available

Pollen Index (Yesterday)
Reading: Main offender: Not available

Today, variably cloudy, spotty drizzle. High 58. Wind southeast 8-16 mph. Tonight, mostly cloudy, breezy, shower, areas of drizzle. Low 52. Wednesday, windy, warm, rainy.

Diamonds

Voted "Best place to buy..."
by Washingtonian readers

Radiant
1 ct. H - SI2
GIA
\$4,350

Falls Church, VA - 703.536.3600

WASHINGTON DIAMOND.com

ROSENTHAL CHEVROLET

Free Shuttle To Metro

'04 Cavalier

Stock# 68080

\$8,989

Great Selection of
Used Trucks & Cars

rosenthalchevrolet.com
1-888-205-8342
1100 SOUTH GLEBE RD, ARLINGTON, VA

OFFERS INCLUDE ALL FACTORY REBATES & INCENTIVES. OFFERS INCLUDE COLLEGE GRAD REBATE OF \$400. ALL OFFERS ON APPROVED CREDIT. ALL OFFERS ENDS 11/21/03. PLUS TAX & TAGS. **PLUS FREIGHT OF \$610 & PROCESSING FEE OF \$269.**

PLASTIC SURGERY
• Mini Tummy Tuck & Liposuction • Breast Lift & Augmentation
• Eye Lid "Bags" Removal • Scar Revision

HAIR TRANSPLANT
For women & men with thinning hair
Ultrasonic Hair Follicle Stimulation—Guaranteed Results*

DERMATOLOGY
Acne & Acne Scar Treatment
Mask of Pregnancy
prevention & treatment

SPECIAL OFFER!
Expires soon, FDA Approved

LASER HAIR & SPIDER VEIN REMOVAL
Upper Lip or Chin Laser Hair removal \$95
Under Arms Laser Hair removal \$295
Bikini Line Laser Hair removal \$395 • Lower Legs \$995
Back Laser Hair removal \$695
Neck Laser Hair removal \$395

COSMETIC PLASTICS
(for frown lines, crow's feet, lip borders, smile lines & lips)
BOTOX \$199 Guaranteed Results* • Collagen \$299

COSMETIC DERMATOLOGY
(for wrinkles, age spots, scars, large pores and sun damage)
MD ARAYA Glycolic Peels \$125
Ultrasonic MicroDerm \$195

1116 21st St., NW (21st/L) • Washington, DC 20037
Tel: 202.452.1332
arayamd.com

Interest free financing • Parking • Gift Certificates

DC • FAIRFAX • ALEXANDRIA • POTOMAC • ROCKVILLE • COLUMBIA • McLEAN • ANNAPOLIS

Basement Flooding...
Call the Basement Water Proofing
and Remodeling Specialist

**KENSINGTON
DESIGN & BUILD**

For a Free Inspection and Consultation
301.933.0072

MHC 78810

Allergies?

Autumn brings brilliant colors like your red irritated eyes, brings falling leaves plus falling pollen, and brings haystacks as well as hay fever. Our physicians have the latest medicines, testing and treatment plans to help you feel better quickly, easily and comfortably without those old-fashioned, painful scratch tests.

Allergy Care Centers
Care for All Seasons

800.287.2829
Please call for an appointment • MyAllergyCare.com

We Participate with Most Health Plans • Offices Conveniently Located in:
Chantilly, North Potomac, Vienna, Wheaton Plaza, Gaithersburg, Springfield, Sterling

WEB MEMBERSHIP • WEB MEMBERSHIP • WEB MEMBERSHIP • WEB MEMBERSHIP

NEED CASH?

\$100 - \$1000

LOWEST FEE

Job & Direct Deposit Required

1 888 223-7297

or apply on line at

www.acepays.com

WEB MEMBERSHIP • WEB MEMBERSHIP • WEB MEMBERSHIP • WEB MEMBERSHIP

Nation

AARP Backs Medicare Bill

GOP had consulted powerful seniors lobby while writing measure

WASHINGTON | Republicans consulted the politically potent AARP during negotiations over a Medicare prescription drug bill — and the group responded Monday with the endorsement the GOP and President Bush wanted to counter Democratic critics.

There are 35 million reasons why the AARP is a player in the maneuvering — the number of its members age 50 and above.

AARP chief executive William Novelli said his organization would “pull out all the stops” to get the bill passed, including a three-day television campaign timed for the run-up to expected action on the legislation in Congress at the end of the week.

Sen. Edward M. Kennedy, D-Mass., countered with scathing criticism, saying the legislation included a “\$12 billion slush fund to lure seniors” into private coverage. He said the program would

offer private insurers more money to cover the elderly than traditional Medicare spends.

The legislation would create a prescription drug benefit for the elderly beginning in 2006 and establish a new role for private health plans in Medicare, encouraging them to offer seniors the choice of receiving coverage under managed care plans and preferred provider organizations.

MARK SHERMAN (AP)

Word from the Hill: Congressional Quarterly's Kate Schuler and Mary Agnes Carey take questions on the Medicare fight | Today at 11 a.m. at washingtonpost.com/liveonline

Help Me Become A Dad:

Special Egg Donor Needed



I am seeking a special egg donor to help me start a family. I'm fortunate to have good health, a loving family and a great career. My friends say I'd make a great Dad. And I love children. So now I'm ready to take the next (giant!) step: I'm ready for a child of my own. But I need your help. While someone else will carry the baby, I also need an egg donor. *Could you be that special person?* My ideal donor is smart, fit and happy, 21-32. Excellent personal and family health history, too.

\$10,000 COMPENSATION

If you think you might help me become a Dad, or want more information, please e-mail my attorney at Creative Family Connections: dhinson@creativefamilyconnections.com, citing the “Express.”

After 75 Years, Mickey Mouse Remains an Icon

ORLANDO, FLA. | Mickey Mouse arrived on the world's cultural stage 75 years ago Tuesday as a scrawny but buoyant black-and-white product of the Jazz Age.

He was a symbol of American pluck in his screen debut, “Steamboat Willie,” on Nov. 18, 1928. The film at New York's Colony Theatre showed an irreverent rodent who takes Captain Pete's steamboat on a joyride and woos Minnie Mouse by making music with farm animals.

The years have dulled Mickey's personality, a result of him becoming

the corporate face of a multibillion-dollar entertainment empire. In the process, Mickey also has become a cultural Rorschach test — a symbol of American optimism, resourcefulness and energy or an icon of cultural commodification and corporate imperialism.

Mickey Mouse became the face that launched a thousand merchandise products. Watches. Alarm clocks. Telephones. He is one of the most merchandised faces ever, accounting for about \$4.5 billion a year in sales.



Artist Dan Bustos looks over 75 Mickey Mouse statues, created to celebrate the character's 75th anniversary, on Monday.

Mickey has been used in less than a dozen theatrical releases, but is a regular presence in “House of the Mouse” on the Disney Channel and is photographed daily alongside thousands of tourists at theme parks in California, Florida, France and Japan. MIKE SCHNEIDER (AP)

STILL FAT / SMOKING?

CHRISTIAN HYPNOTHERAPY™



Dr. Peter Wesselton, CCH
Christian Counselor
“Washington's Hypnotherapist of Embassy Row”... Since 1974

3½ hr. “Faith-in-Action” Clinics
Weight Loss & Appetite Correction – 9:30 a.m.
Stop Smoking & Nicotine Recovery – 1:30 p.m.

TYSONS CORNER, VA
Marriott Hotel
Saturday November 22
8028 Leesburg Pike (Rt 7)

202-333-7699

\$79 Advance Reservation \$99 at Door
NOTE: Please arrive 15 mins. early. Bring pillow & blanket. Wear comfortable clothing. Private appts. avail. Corporate & church (non-denominational) sponsorships invited.

VISIT georgetowninstitute.org

STORM DAMAGE | UNCOVERED



BROKEN BRIDGE: A large pine tree, blown over during a wind storm, lies in the East Paden covered bridge, one of the historic Twin Bridges at Forks, Pa., on Monday. Last week's high winds snapped the tree that fell through the roof, causing extensive damage to the bridge, which dates back to 1884.

Student in Critical Condition After Fraternity Contest

DALLAS | A 21-year-old student at Southern Methodist University lay in critical condition Monday after chugging water in what authorities say may have been fraternity hazing.

Braylon Curry, a pledge with Alpha Phi Alpha, drank an unknown amount of water from a gallon container early Saturday during an off-campus competition with fraternity members and was hospitalized hours later, police said.

The fraternity, which only this spring was reinstated at SMU after a three-year suspension for hazing, has been suspended pending the outcome of the investigation. (AP)

In Brief

AFGHANISTAN

U.N. Suspends Operations After Aid Worker Killed

The United Nations suspended operations in southern and eastern Afghanistan on Monday after the killing of a French U.N. worker and a series of terrorist attacks. A U.N. spokeswoman said international staff from the southern provincial capital of Ghazni, where Bettina Goisard was killed on Sunday, had been relocated to Kabul. The United Nations is continuing its operations in the northern half of Afghanistan, she said. (AP)

MALAYSIA

Last of 7 Rare Rhinos Dies In Captive Breeding Program

Disease has wiped out the entire population of rare Sumatran rhinoceroses at a captive breeding program in Malaysia, one of the species' few remaining havens. The last of seven Sumatran rhinos at the Sungai Dusun Rhino Conservation Center in central Malaysia died Monday afternoon, a conservationist said, bringing to an end a 16-year-old program that is one of just a handful in the world trying to save the species from extinction. (AP)

GERMANY

Schroeder Still at Party's Helm, but Support Drops

Social Democrats re-elected Chancellor Gerhard Schroeder as their leader Monday, though the result showed a drop in his support. Schroeder, who ran unopposed, won 80.8 percent of the vote, compared with a score of 88.6 percent in 2001. Schroeder has struggled for months to sell the argument that generous benefits must be trimmed to keep the welfare state alive and create badly needed jobs. Germany is limping through its third straight year of economic stagnation. (AP)



Sgt. Thomas Bucci of the U.S. Army's 358th Civil Affairs Brigade gives a toy to an Iraqi boy outside a restaurant in the Southern Iraqi town of Samawah on Monday.

Italian Rebukes Coalition Before Resigning Post

Adviser says U.S.-led effort deeply flawed, U.N. should take over

BAGHDAD, IRAQ | An Italian member of the U.S.-led coalition has resigned, accusing the Bush administration of inefficiency and failing to understand Iraq.

In Rome, the Italian Foreign Ministry confirmed that Marco Calamai, a special counselor of the Coalition Provisional Authority in the southern province of Dhi Qar, had resigned but gave no reason.

In an interview with the leftist daily L'Unita, Calamai said that the failure of the coalition to understand Iraqi society had creat-

ed "delusion, social discontent and anger" among Iraqis and allowed terrorism to "easily take root." He cited last week's truck bombing at an Italian paramilitary garrison, which killed 19 Italians.

Calamai said about \$400,000 a month was supposed to be available for projects in Dhi Qar province alone but "because of the muddled organization of [the coalition], only a fraction has been spent."

"The provisional authority simply doesn't work," Calamai told the reporters. He said only a U.N. administration could turn the tide.

ROBERT H. REID (AP)

Warhorse: Maj. Gen. Ray Odierno and the new 'get tough' policy against Iraqi insurgents | Today's Post: Section A

OTHER DEVELOPMENTS

→ **The CIA said Monday** it could not authenticate an audio tape with a speaker purported to be Saddam Hussein that was broadcast Sunday by Al-Arabiya television.

→ **Three more American soldiers died Monday** in separate

attacks north of Baghdad, one in an ambush on a patrol, the other by a roadside bomb, the military said.

→ **Coalition forces captured 99** suspected insurgents during 1,729 patrols and 25 raids conducted over the past day, a military official said.

Turks Await Tests On Bombers' DNA

Officials deny media reports indicating the suspects were Turkish

ISTANBUL, TURKEY | Investigators appeared to be closing in Monday on the identities of the truck drivers in the suicide bomb attacks on two synagogues, with one unconfirmed report saying the attackers were two Turks, including one with extensive bomb training in Iran.

But Interior Minister Abdulkadir Aksu told reporters that the identities of the drivers' bodies had not been determined. Prime Minister Recep Tayyip Erdogan said that DNA tests on the suspected driv-

ers, which could establish identities or at least help establish ethnic backgrounds, were expected on Tuesday.

U.S. and Israeli officials said Monday the attacks bore the hallmarks of Osama bin Laden's al Qaeda network. Two Arabic-language newspapers received separate statements Sunday claiming al Qaeda was responsible for the synagogue attacks. Some analysts believe the attacks were meant as a warning to Turkey's Islamic-rooted government against continuing close relations with Israel.

Meanwhile, officials raised the death toll to 24, including the two suicide drivers. FRANCES D'EMILIO (AP)

VIETNAM | HEAR THE BELLS ...



CHRISTMAS IN SOUTHEAST ASIA: A Vietnamese worker lifts a reindeer while hanging Christmas decorations outside a department store in Ho Chi Minh city on Monday. There are around 8 million Christians in Vietnam.

France Targeting Anti-Semitic Acts

PARIS | French President Jacques Chirac announced a tough new policy to combat anti-Semitism.

Chirac said the plan includes extra security at Jewish places of worship and schools, and "exemplary sanctions" against anyone found

guilty of anti-Semitic acts.

The tough new policy began unfolding after a pre-dawn fire Saturday that destroyed a large part of a Jewish school in a Paris suburb. There were no injuries.

Jewish schools, temples and cemeteries have been hit in anti-Semitic attacks that peaked in 2002 when a Marseille synagogue was burned to the ground. (AP)

Colombian Police Profile Bomb Suspect

BOGOTA, COLOMBIA | The assailant who launched grenades at two crowded bars in Bogota's nightclub district is affiliated with the most elite unit of Colombia's largest rebel group and appears to have been sent to the capital as part of a broader assault to "cause panic," police said Monday.

The Teofilo Forero unit of the Revolutionary Armed Forces of Colombia, or FARC, sent the 25-year-old suspect to Bogota three days before the Saturday night attack, which killed one person and wounded 72, police said.

Considered the FARC's special forces, Teofilo Forero is believed

to act under direct orders of the FARC's top military commander and is responsible for several daring operations, including a hijacking in 2002. FARC has not issued a statement about the attack.

The two microbreweries hit by the grenades are popular nightspots frequented by U.S. soldiers as well as middle and upper-class Colombians. (AP)

ALCOHOL or DRUGS A Problem?

- Confidential • Rapid • Pleasant
- No Hospitalization
- No Group Meetings
- No Time Off Work

PROGRAMS AVAILABLE FOR:
• Eating Disorders • Smoking Cessation
• Freedom from Chemical Dependency
• Anxiety, Stress & Phobias

Experts in addiction control
wellness programs & motivation
through clinical hypnotherapy

Phoenix METHOD1

CENTER FOR ADDICTION CONTROL
www.phoenixmethod1.com

"TELL A FRIEND"

CALL NOW 1-877-METHOD1

Attention!



The Washington Post
presents

Catering to Cooks

A Directory of Specialty Foods, Products
and Services weekly within Wednesday's
Food Section. The advertising rates are
APPETIZING too!

To reserve ad space call:
Victoria Fleming: 202-334-5759

ADULT COMMUNICATION ENHANCEMENT

*Accent Reduction, Speech, Language
and Voice Disorders*

- Michael E. Regnell, M.A., CCC-SLP, MPH
Certified Speech Pathologist; Licensed in MD, VA, DC

240-461-1219

www.mike-ace.com acc@mike-ace.com

Making Clients into ACE Communicators

Joshua M. Cohen, Ph.D., LLC

Help Is Available

Providing professional psychotherapy
to individuals, couples, & families
working through Depression, Anxiety,
Grief & Loss, Parenting issues,
Relationship concerns, & other issues.

Located in Rockville
1 mile from Montgomery College.
Please call for an Appt.: (240) 606-3093



TRY TO BECOME PREGNANT?

If you are 38 or younger and trying to become
pregnant, you may qualify for an in-vitro fertil-
ization (IVF) study. Study related examinations
and treatment are at no charge. Please call

Megan Moroney
Mid-Atlantic Fertility Centers
703-525-4776



Lose Weight NOW with "Suddenly Slim"™!

Doctor Recommended Weight Loss Program
Powerful combination of 3 all natural,
herbal products. Uses "maximum fat-burn-
ing" foods to jump-start your weight loss
success. **Call 202-554-2720**

ADULT & CHILD OBESITY

*Lose Weight Simply,
safely & permanently*

Experts in addiction control
wellness programs & motivation
through clinical hypnotherapy

Phoenix METHOD1

CENTER FOR ADDICTION CONTROL
www.phoenixmethod1.com

"TELL A FRIEND"

Call 1-877-METHOD1 NOW

Going Out Of Business Sale!

Herbs, vitamins, colon cleansers, body
oils, gift baskets and souvenirs for
weddings! Call 301-839-7788 for an appt.

DO YOU HAVE ASTHMA?

We are currently looking for volun-
teers for a 12 week clinical research
study consisting of 5 clinic visits (two
of the visit will be all day) of an
investigational medication for asthma.

REQUIREMENTS:

- At least 16 years of age
- Currently on medication of
asthma
- Non-smoker

ELIGIBLE PARTICIPANTS MAY RECEIVE:

- Study-Related Exam and
Meds
- Compensation for your time
and travel

If interested, please call Fawna
at 301-962-1607 or email
iaaclinicalresearch@yahoo.com

**The Institute for Asthma
and Allergy-Wheaton, MD**
Martha White, MD Michael Kaliner, MD
Athena Economides, MD Huamin Li, MD

FREE Trials for HEPATITIS C

Numerous studies for persons with
hepatitis C in all stages at our
Fairfax, VA office.

Contact: **Metropolitan
Research** for information:

**703-698-9254, ext. 20
OR
Email: hepgi@aol.com**

Do You Have Asthma?

Asthmatic males and females, 16 years and older are
needed for a clinical research study. You must
currently be using medication for your asthma.

Medical evaluations provided at no cost and subject
compensation up to \$850.00.
This is a 5 visit, 17 week study.

Please contact Millennium Clinical Research Center at
703-527-8100 or email: asthmastudy@yahoo.com

**CALL Victoria Fleming on
202-334-5759 to advertise
Your Health service or product
in our Tuesday Express Health**

Express Health offers a...

Great opportunity to get your message to our
METRO RIDERS... Call for rates and deadline
TODAY! Victoria Fleming 202-334-5759

Attention!



The Washington Post

Family Health Directory
in the Tuesday Health
section on

December 9, 2003

Call Victoria Fleming
on 202-334-5759

for further rate, sizes
and deadline information

celebrateyourhealth.FreeLife.com
Sandy Raedels, Indep. Marketing Exec.

703-631-9096 Home 703-801-7976 Cell
Hotline: 1-800-795-0222, Box 0-9
International Distribution for Dr. Earl Mindell
- Distributorships Available -
Bringing the Himalayan Health Secret to the World

Chronic Migraine Headaches

If you experience 15 or more head-
aches per month, are in good physical
health, are able to attend periodic
clinic visits you may qualify for this
study to evaluate an investigational
medication to treat chronic migraines.

You will receive study related exams,
procedures and study medication at
no cost. You will be compensated for
travel expenses.

Please call 703-453-8017 to see if
you qualify.

CRISISLINK HOTLINE Seeks Volunteers

Arlington, VA - CrisisLink,
the region's most comprehensive
suicide, crisis prevention, interven-
tion and response organization,
seeks volunteers to staff its local and
national suicide and crisis hotline.

Suicide claims a life every 18 min-
utes. It's the 11th leading cause of
death in the U.S. Help save lives!
Volunteers undergo 45 hours of
intensive training and a 150 hour
commitment is required. To volun-
teer, call 703-527-6016 or visit
CrisisLink at www.crisislink.org.

Training classes are forming now!

Eating Compulsively?

*Lose Weight Simply,
safely & permanently*

Experts in addiction control
wellness programs & motivation
through clinical hypnotherapy

Programs Available for:

- Drug & Alcohol Addiction
- Smoking Cessation
- Anxiety Stress & Phobias

Phoenix METHOD1

CENTER FOR ADDICTION CONTROL
www.phoenixmethod1.com

"TELL A FRIEND"

CALL NOW 1-877-METHOD1

GET a nice SHAPE while EATING

Enjoy your favorite starchy foods-pasta,
bagels, potatoes, etc with the new clinically
proven **180 degree Life
System Carb-Blocker!** All natural,
non-stimulant weight management product
that 'neutralizes' over 450 grams of dietary
starch. NOW...you CAN have your cake
and lose it too! Call Now 1-877-559-6713
or go to: www.yourprecious.com

U.S. Reassures S. Koreans

Rumsfeld says troop pullback doesn't risk Asian ally's security

SEOUL, SOUTH KOREA | South Korea won assurances from the United States on Monday that a planned shift of U.S. troops from its border with North Korea will not lessen America's commitment to help repel an invasion by the North.

Some in South Korea worry that a plan to move virtually all 7,000 U.S. troops in Seoul to locations south of the capital is at least a symbolic step in the direction of abandoning the long-standing U.S. defense commitment.

Defense Secretary Donald H. Rumsfeld told top South Korean government officials in a series of meetings here that he believes a pullback from the Demilitarized Zone will strengthen the U.S. defense and allow the U.S. Army to respond more quickly to an attack by the North.



A South Korean honor guard performs for visiting Defense Secretary Donald Rumsfeld in Seoul on Monday. Rumsfeld will wind up his tour of Asia on Tuesday.

The Korean War, which took the lives of more than 30,000 Americans, ended in a truce rather than a peace treaty, so the United States has kept forces here ever since.

Meanwhile, Rumsfeld won no

specific assurances that the 3,000 troops South Korea plans to send to Iraq will play a combat role there. At a joint news conference, Defense Minister Cho Young-kil left unclear the exact role of the troops or when they would be sent. ROBERT BURNS (AP)

Europeans Move Swiftly To Unify Defense Effort

Despite U.S. concerns, weapons agency may be in place by June 2004

BRUSSELS, BELGIUM | The European Union pushed ahead Monday with plans for an EU-wide armaments agency to promote military cooperation and boost firepower, while Britain sought to soothe Washington's concerns that U.S. companies might be shut out of European defense contracts.

"It is very important that this is not seen to be protectionist," British Defense Secretary Geoff Hoon told reporters at a meeting of EU defense ministers. But he said the agency should seek home-grown solutions as it seeks to fill gaps in Europe's military arsenal.

The defense ministers agreed

to set up a team to work out the financial, legal and administrative aspects of the new agency, aiming to get final approval in June 2004.

The European Defense Agency is one of a series of initiatives toward a united defense policy among the 15 EU nations that have raised concerns in the United States.



Hoon

Washington is also worried about plans by some EU nations to set up a separate headquarters for running military operations outside of NATO. Washington fears a separate headquarters could undermine unity within the Atlantic alliance and lead to more duplication, since NATO has already agreed to lend its planning facilities to EU military missions. PAUL AMES (AP)

HEARSAY | HAITI

"[Haiti] is heading toward the edge of a cliff. We have to keep it from falling off."

—ANDY APAID JR., STRIKE ORGANIZER ON RECENT CLASHES BETWEEN SUPPORTERS AND OPPONENTS OF PRESIDENT JEAN-BERTRAND ARISTIDE. ACTIVISTS CALLED A GENERAL STRIKE MONDAY, SAYING THEY WANT TO SEND A MESSAGE THAT OPPONENTS SHOULD BE ABLE TO ASSEMBLE FREELY.

Nigerian Vaccines Shown to Be Safe

ABUJA, NIGERIA | Nigeria's top hospital said Monday that test results showed polio vaccines used in a recent nationwide vaccination campaign do not contain hormones linked to infertility and sterility.

President Atiku Abubakar ordered the tests last month after U.N. officials warned that a drive to eradicate polio was being hampered by the persistent assertion of Islamic fundamentalists that the vaccination drive is part of a U.S. plan to decimate the Muslim population by spreading AIDS and infertility. (AP)

NEED HEALTHCARE?

\$70/mo.

Entire Family

NEED AFFORDABLE DENTAL?

FREE Exam(s) Included \$20/Mo.

Entire Family

1-877-769-1871

For More Information

IRRITABLE BOWEL SYNDROME?

We are conducting a clinical research study for women who suffer from severe diarrhea-predominant Irritable Bowel Syndrome (IBS). Volunteers must be at least 18 years old, have suffered from severe diarrhea-predominant IBS symptoms for at least 6 months, and have failed conventional IBS therapy. All office visits, medical evaluations, and investigational medications related to this study will be provided at no cost to patients.

For more information about this study, please contact:

Mary Ellen Royalty, RN, CCRC
Capital Gastroenterology Consultants, PA
301-681-3329

Volunteers Needed!!!

Investigational Malaria Drug Study. Minutes from Medical Center Metro Station in Bethesda.

WHO:

Healthy Men and Women, 18-55 Years of Age, Active Duty Military Are Not Eligible.

HOW:

1 Screening Session and 25-30 Flexible Visits screening & 24 Weekly One-Day Per Week

COMPENSATION PROVIDED

For more info call:
1-866-750-2165

Women's Conference Seeking:

- Do you know how to provide massages, pedicures, manicures and/or facials?
 - Do you have a business and/or product that you would like to showcase and/or sell to well over 350 women?
 - Are you looking for a wonderful opportunity to make some money and make new clients?
- If you answered YES, to any of these questions. The conference needs YOU! Email us today at: pppconf2004@yahoo.com

SUFFERING FROM ASTHMA

Subjects needed for a clinical research study of a new investigational asthma medication.

Conducted by Gordon Raphael, MD
Financial Reimbursement Offered

If interested, please call:

Bethesda, MD 301-907-3476
Free Parking Near Metro

Want To QUIT SMOKING?

Break the habit easily & comfortably without gaining weight or feeling irritable & anxious!

PROGRAMS ALSO AVAILABLE FOR:

Alcohol & Drug addiction
Compulsive Eating
Anxiety, Stress and Phobias

Experts in addiction control
wellness programs & motivation
through clinical hypnotherapy

PHOENIX METHOD1
CENTER FOR ADDICTION CONTROL

www.phoenixmethod1.com

"TELL A FRIEND"

CALL NOW 1-877-METHOD1

TO ADVERTISE
Your Health service or product
in our Tuesday...

Express Health

Call Victoria Fleming for rates & information on:

202-334-5759

or fax your ad copy to:

202-334-6724



BY THE NUMBERS: Scientists who try to clone humans in Singapore could be jailed for a decade and fined up to \$58,000 under a proposed law that aims to prevent abuse of the open attitude toward stem-cell research in Singapore.

Region

Arsonist Crosses Into Va.

WASHINGTON | The serial arsonist who has set more than 30 fires in the District of Columbia and Prince George's County, Md., is believed to have struck in Alexandria, Va., the head of the Arson Task Force said Monday.

Investigators believe a Sunday morning fire in the 4400 block of Braddock Road is similar to 12 arsons in Prince George's and 18 arsons and an attempted arson in the District, said Prince George's Fire/EMS Chief Ronald Blackwell.

No one was injured in the fire, which was set at about 4:50 a.m. and quickly put out. Alexandria fire officials notified the Arson Task Force on Monday afternoon and evidence from the scene was sent to the Bureau of Alcohol, Tobacco, Firearms and Explosives.

This was the first time the arsonist has struck outside Washington, D.C., and Prince George's County.

MARTY NILAND (AP)

Victims' Families Rejoice in Verdict

The wait now begins on sentencing hearing in Muhammad's trial

VIRGINIA BEACH, VA. | Crowded into one bench of a courtroom, relatives of sniper victims held hands, some sobbing, as the court clerk announced Monday that John Allen Muhammad was guilty.

Victims' relatives who spoke outside the courthouse said they hoped the jury would recommend death for Muhammad.

"Capital punishment is an appropriate response in certain crimes and I must say that I can't think



Kwang Im Szuska, right, and Margaret Walekar comfort each other Monday.

of too many more heinous crimes than this one," said Robert Meyers, brother of Dean Harold Meyers. Muhammad was convicted of two

capital murder charges for killing Dean Meyers.

Kwang Im Szuska, whose sister, Hong Im Ballenger, 45, was killed during a robbery in Baton Rouge, La., testified against Muhammad and returned to the courthouse to hear the verdict.

"I'm glad they found him guilty," she said. "I'm still looking for the death penalty." STEPHEN

MANNING (AP)



WHO KNEW? John Allen Muhammad became on Monday the first person convicted under a Virginia anti-terrorism law enacted after the Sept. 11, 2001 terrorist attacks. (AP)

Malvo Judge Doesn't Allow 911 Tape

VIRGINIA BEACH, VA. | At sniper suspect Lee Boyd Malvo trial Monday, jurors heard testimony about the shooting of FBI analyst Linda Franklin, slain at a Home Depot in northern Virginia.

Malvo is charged with the murder of Franklin and could face the death penalty if convicted. Fellow suspect John Allen Muhammad was convicted of four charges Monday.

But unlike the jury at the Muhammad trial, Malvo's jurors did not get to hear the 911 tape of that call, in which William Franklin wails and his voice rises as he tries to explain to the dispatcher that his wife has been shot in the head.

Judge Jane Marum Roush listened to the tape with jurors out of the courtroom and agreed with the defense that the tape was prejudicial.

Prosecutors put 17 witnesses on the stand Monday. Roush said the defense would like to begin presenting its case Friday, and prosecutors said they are on track to finish by then. MATTHEW BARAKAT (AP)



Trial goes on: Timothy Dwyer continues his coverage of teenage sniper suspect Lee Boyd Malvo's capital murder trial | washingtonpost.com/metro.

In Brief

THE DISTRICT Groups Warn of Hazardous Chemicals Carried on Trains

Environmentalists visited a downtown commuter rail station Monday to warn of the potential dangers presented by hazardous chemicals moved by truck and rail through the nation's capital each day.

Greenpeace, Friends of the Earth and the Sierra Club are calling on the D.C. Council to pass legislation prohibiting cargo not destined for industrial use within the District from being transported through the city, if there are practical alternative routes available. (AP)

ANNAPOLIS, MD.

Md. Gov. Ehrlich Announces New Public Housing Bonds

Maryland will use federally backed bonds to rehabilitate more than 18,000 public housing units in Prince George's, Anne Arundel and Montgomery counties and Baltimore city under a program announced Monday by the Ehrlich administration. The U.S. Department of Housing and Urban Development approved the issuance of \$90 million in bonds by the Maryland Community Development Administration. (AP)

IS YOUR CHILD EATING COMPULSIVELY?

Help your child make healthy choices, be motivated to exercise and lose weight naturally and safely with Phoenix Method 1 Hypnotherapy.

Other Youth Programs also available
Alcohol • Drug • Nicotine Cessation
Peak Performance in Sports • Scholastics.

Give your child the extra edge

1-877-Method 1
www.phoenixmethod1.com
703-506-0551



health
confidence
self-esteem...
the best gifts
you can give
your son or daughter!

PHOENIX METHOD 1

wellness • motivation • addiction control

Are you overweight?

You may be eligible for a new NIH calcium study

Researchers at the National Institutes of Health (NIH) invite you to participate in the SCOOP study
(Supplemental Calcium in Overweight Out patients)

- What:** To study the health effects of calcium supplementation.
Participants take either calcium capsules or capsules without any calcium for a 2 year period.
- Who:** Healthy men and women 18 years or older.
- Where:** NIH Clinical Center in Bethesda, MD.
- Cost:** All study related medications provided at no cost. Compensation is provided.

Please call for more information:

1-800-411-1222

TTY: 1-866-411-1010

Department of Health and Human Services

National Institutes of Health
NIH Clinical Center

Money

In Brief

MUTUAL FUNDS

Morgan Stanley OKs \$50M Mutual Fund Settlement

Morgan Stanley agreed to pay a \$50 million fine Monday to settle charges that it pushed investors toward certain mutual funds in order to gain millions more in commissions and did not disclose the incentives to clients. Morgan Stanley is the second major financial company to settle with regulators in a widening industry scandal. (AP)

ECONOMY

Rising Business Inventories A Positive Sign for Economy

America's businesses boosted their stockpiles of unsold goods in September for the first time in six months, a sign that companies are more confident about economic recovery. The Commerce Department said Monday that inventories rose 0.3 percent in September, a turnaround from the 0.4 percent drop in August. (AP)

WALL STREET

Terror Fears Tug at Stocks In U.S. Markets and Abroad

New fears of terrorism sent stock markets tumbling around the world Monday and extended Wall Street's selloff, as investors reacted to declines in Japan and Europe. Analysts said some of Wall Street's slide was due to normal profit taking. The Dow Jones industrials fell more than 130 points before regaining ground late in the session. (AP)

Scandal Topples Media Magnate

NEW YORK | Conrad Black will step down as chief executive of Hollinger International, publisher of the Chicago Sun-Times, and the company will be put up for sale after an ongoing internal investigation found that fees had been improperly paid to Black and other executives.

Several other executives are leaving as part of a shakeup announced by Hollinger on Monday, including David Radler, the company's president and publisher of the Sun-Times. Black will officially retire as of Friday. He will continue as chairman of The Telegraph Group Ltd., a

Hollinger subsidiary, and as head of Hollinger Inc., the parent company of Hollinger International.

The company also publishes The Daily Telegraph in London and The Jerusalem Post.

Hollinger said the review found that its parent company, Black, Radler and two others received a total of \$32.15 million in unauthorized payments in connection with the sale of several community newspapers. SETH SUTEL (AP)



Black

Ill-gotten gains: For more on the unauthorized payments that brought down the media baron and other executives | Today's Post, Business

21,600 at Verizon Take Buyout Offer

NEW YORK | About 21,600 employees out of 152,000 accepted a buyout offer from Verizon Communications and will leave the payroll by the end of the week, nearly double the number that the nation's biggest telephone company estimated last month.

The buyout, which was not offered to Verizon Wireless workers, was designed to accelerate cost-cutting in the company's shrinking residential telephone business.

At an investor conference

Monday, Verizon vice chairman and president Lawrence T. Babbio Jr. said the company is still determining the accounting charge the company needs to record in the fourth quarter to cover the expense of the severance packages.

The buyout was offered to 78,000 union technicians and call center operators in the Northeast and Mid-Atlantic, as well as all 74,000 non-union workers throughout the company's non-wireless operations. (AP)

Market Action

New York Stock Exchange

Gainers

| STOCK | LAST | DAILY CHANGE | DAILY PERCENT CHANGE |
|-----------|-------|--------------|----------------------|
| Hollinger | 15.73 | +2.23 | +16.5 |
| WwdeRest | 3.20 | +0.31 | +10.7 |
| VestaIns | 3.15 | +0.22 | +7.5 |
| NelsnB | 18.20 | +1.15 | +6.7 |
| Revlon | 2.66 | +0.16 | +6.4 |

Losers

| STOCK | LAST | DAILY CHANGE | DAILY PERCENT CHANGE |
|-----------|-------|--------------|----------------------|
| MetrisCos | 4.16 | -0.64 | -13.3 |
| ToyRU | 11.18 | -1.56 | -12.2 |
| RoylGp g | 7.26 | -0.73 | -9.1 |
| DanaCp | 15.24 | -1.41 | -8.5 |
| ChmpE | 6.80 | -0.60 | -8.1 |

NASDAQ Stock Market

Gainers

| STOCK | LAST | DAILY CHANGE | DAILY PERCENT CHANGE |
|---------|-------|--------------|----------------------|
| Bluef y | 5.58 | +1.06 | +23.5 |
| MER Tle | 3.12 | +0.57 | +22.4 |
| NBRunS | 5.25 | +0.88 | +20.1 |
| Sylvan | 12.06 | +1.96 | +19.4 |
| Zanett | 2.99 | +0.48 | +19.1 |

Losers

| STOCK | LAST | DAILY CHANGE | DAILY PERCENT CHANGE |
|------------|------|--------------|----------------------|
| Silcnlmg | 6.40 | -2.45 | -27.7 |
| PC Cnnctn | 7.10 | -2.20 | -23.7 |
| Crayf sh s | 8.85 | -1.77 | -16.7 |
| Tknwidg | 3.75 | -0.75 | -16.7 |
| Trnsnd | 3.25 | -0.65 | -16.6 |

Rates

| | CURRENT | PREVIOUS WEEK |
|-----------------|---------|---------------|
| Prime Rate | 4.00 | 4.00 |
| Fed Funds close | 1.0625 | 1.00 |
| 3-month | 0.93 | 0.93 |
| 2-year | 1.78 | 2.03 |
| 10-year | 4.20 | 4.45 |
| 30-year | 5.05 | 5.27 |

Currency (Dollars in foreign currency)

| | TODAY | PREVIOUS DAY | YEAR AGO |
|------------------|---------|--------------|----------|
| British Pound | .5906 | .5928 | .6331 |
| Canadian Dollar | 1.3121 | 1.3010 | 1.5845 |
| European Euro | .8499 | .8490 | .9914 |
| Japanese Yen | 108.95 | 108.25 | 120.42 |
| Mexican Peso | 11.1470 | 11.1540 | 10.2390 |
| Taiwanese Dollar | 34.02 | 33.98 | 34.70 |

| DOW | NASDAQ | S&P 500 |
|---------|---------|---------|
| -57.85 | -20.65 | -6.72 |
| -0.59 | -1.07 | -0.64 |
| 9710.83 | 1909.61 | 1043.63 |

Biotech Stocks

| STOCK | LAST | DAILY CHANGE | YEAR TO DATE PERCENT CHANGE |
|-----------|-------|--------------|-----------------------------|
| Amersham | 62.35 | +1.14 | +40.4 |
| Amgen | 59.94 | +1.69 | +24.0 |
| ApplBio | 21.97 | +0.23 | +25.3 |
| BiogenIdc | 35.26 | -0.49 | +6.3 |
| Celgene | 40.73 | -0.68 | +89.7 |
| Chiron | 53.27 | +0.04 | +41.7 |
| Genentech | 84.84 | +1.07 | +155.9 |
| Genzyme | 42.72 | -1.15 | +44.5 |
| GileadSci | 54.71 | +0.45 | +60.9 |
| IMS Hlth | 23.10 | -0.22 | +44.4 |
| LabCp | 36.03 | +0.43 | +55.0 |
| Medlmun | 25.58 | ... | -5.9 |
| MillPhar | 15.62 | +0.01 | +96.7 |
| Monsnto | 25.74 | +0.04 | +33.7 |
| OstDiag | 71.33 | +1.13 | +25.4 |

MASSAGE SCHOOL

Become a Massage Therapist

- 600-Hour program
- Beautiful New Facilities
- www.healinghands.net

The future is in your hands

Make Health & Fitness Your Career

CLASSES FORMING NOW!

- Fully Accredited
- 6-month programs
- Day & Evening, Weekend Classes

- Student Loans
- Flexible Payments
- Veteran Approved
- State certified

Become a Personal Fitness Trainer

- Learn to Train While Getting in Shape
- Most Intense Training Program in Country
- Make up to \$60/hour
- Includes 200 Hours Gym Time

nationalpersonaltraininginstitute.com

The Virginia Learning Institute

803 W. Broad St., Suite 110 • Falls Church, VA 22046

1-800-960-6294

Certified to Operate by the Virginia Board of Education

The Third Annual Fender® Guitars

CASH BASH!

SATURDAY NOVEMBER 22nd 10am-6pm

CASH BACK!
Immediately get 10% back IN CASH directly from a Fender representative with any purchase of Fender or Squier product(s) over \$100.

One lucky customer will win
an American Series Stratocaster. Enter for a chance to win! Visit www.chucklevins.com/express.

And there's more!
The first 25 attendees in the door will receive a special collectables gift from Fender, just for showing up!

Saturday, November 22nd!
The Third Annual Fender Guitars Cash Bash!

Brought to you by

express

Fender

Chuck Levin's
WASHINGTON MUSIC CENTER
11151 Veirs Mill Road, Wheaton Maryland • 301.946.8808 • Enter to win at www.chucklevins.com/express

Automotive. Wednesdays.

express

A publication of The Washington Post

XX247

Sports

Ramsey Has Broken Foot

Redskins quarterback suffered fractured bone before the season began

PRO FOOTBALL | Washington Redskins quarterback Patrick Ramsey has been playing all season with a broken bone in his right foot, which has made it difficult to plant the foot when throwing a pass.

"It's flared up pretty bad recently," Ramsey said. "It's just something I'm trying to fight through."

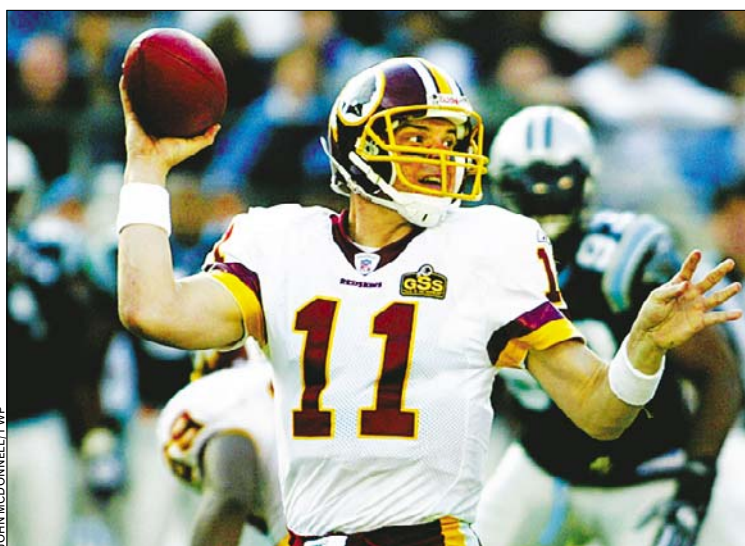
Redskins head coach Steve Spurrier revealed the injury during his weekly news conference Monday, a day after Ramsey had one of his worst games of the season in a 20-17 loss against the Carolina Panthers.

Ramsey said the foot started hurting during training camp. An X-ray disclosed an old fracture. Ramsey has no idea when or how it happened.

"It never hurt me last season. It never hurt me in college," Ramsey said. "But at some point, I apparently fractured my foot. I know that sounds odd."

Ramsey said he wasn't really bothered by the injury until the last couple of weeks.

"It's hard to push off my back foot. It's hard to turn my hips. It's



The Redskins' Patrick Ramsey had his worst game of the season Sunday against the Panthers. Monday, coach Steve Spurrier revealed that Ramsey has a broken foot.

hard to do a lot of things," Ramsey said. "We're trying to do all we can to support it and keep it going."

Ramsey was 16-for-35 for 150 yards and missed two wide open receivers for sure touchdowns against the Panthers. His 53.5 completion percentage ranks 31st in the league.

Ramsey also was sacked three

times Sunday, bringing his season's total to 29. His injuries this year already included a sprained left shoulder, a bruised left forearm and a dislocated left pinkie.

Ramsey said he doesn't intend to take a game off to let the foot heal.

"Not if I can play," he said.

JOSEPH WHITE (AP)

Billick Blames Ravens' Bickering On 'Accountability'

PRO FOOTBALL | They've lost two straight, can't hold onto the football and possess a struggling offense worsened by a sudden flurry of untimely penalties.

The bumbling Baltimore Ravens? Coach Brian Billick has no argument with that assessment.

The Ravens (5-5) committed three turnovers and were called for 10 penalties Sunday in a 9-6 overtime loss to the Miami Dolphins. Afterward, there was a shouting match involving linebacker Ray Lewis and at least one player from the offense.

The bickering Baltimore Ravens? No way, Billick insisted. He said the Ravens were merely extending the theme for the week: each player taking care of his own job.

"This week was very much about accountability," he said. "To understand what went on in the locker room afterward, to put it in proper context." (AP)



BY THE NUMBERS: Mario Lemieux of the Pittsburgh Penguins will miss at least three more games because of an injured right hip that has already sidelined him for more than two weeks.

In Brief

PRO BASEBALL 'Little Matsui' Plans Move To Play in Major Leagues

Japanese shortstop Kazuo Matsui said Monday that he's decided to pursue a big league career in North America. Several clubs, including the Boston Red Sox, Los Angeles Dodgers, New York Yankees and Seattle Mariners, are said to be interested in the switch-hitter. Known as "Little Matsui," he is not related to Yankees outfielder Hideki Matsui. (AP)



Matsui

MANAGEMENT Kasten, President of 3 Atlanta Teams, Resigns

Stan Kasten resigned Monday as president of the Atlanta Braves, Hawks and Thrashers. The departure of Kasten comes two months after Turner Broadcasting announced an agreement to sell the Hawks and Thrashers to a group headed by Boston businessman Steve Belkin. (AP)

Bowling: Eric Prisbell reports that Maryland could face Virginia Tech in the Gator Bowl | Today's Post, Sports

Rodriguez Wins AL MVP Despite Rangers' Record

Shortstop says he has given permission for Texas to explore trades

PRO BASEBALL | Alex Rodriguez became the second player from a last-place team to win a Most Valuable Player award, then confirmed that the Texas Rangers have approached him about a possible trade.

"Management has approached me with a situation and some choices, and I'm just going to keep my doors open right now," Rodriguez said Monday.

Rodriguez has completed three seasons of a \$252 million, 10-year contract. Rodriguez said he thought there had been talks about a possible trade with "three or four teams" but didn't elaborate.



Alex Rodriguez won his first MVP award in a close vote on Monday.

The only other player on a last-place team to win an MVP was the Chicago Cubs' Andre Dawson in 1987. Texas finished with a 71-91 record this year, and has finished last in the AL West all three years Rodriguez has been on the team. RONALD BLUM (AP)

NBA Approves New Realignment Plan

PRO BASKETBALL | The NBA's board of governors approved a realignment plan Monday that creates three divisions of five teams each in the Eastern and Western conferences.

The expansion Charlotte Bobcats, the NBA's 30th team, were placed in the Eastern Conference and the New Orleans Hornets were moved to the Western Conference.

Joining Charlotte in the Southeast Division of the Eastern

Conference will be Atlanta, Miami, Orlando and Washington. The Central Division will have Chicago, Cleveland, Detroit, Indiana and Milwaukee. Atlantic Division teams will be Boston, New Jersey, New York, Philadelphia and Toronto.

New Orleans will play in the Southwest Division of the Western Conference with Dallas, Houston, Memphis and San Antonio. The Northwest Division will have

Denver, Minnesota, Portland, Seattle and Utah. The Pacific Division teams are Golden State, the Los Angeles Lakers, Los Angeles Clippers, Phoenix and Sacramento.

Divisional winners each earn a playoff berth. The remaining five playoff berths for each conference will be based on regular-season records. (AP)

Wizards play: Steve Wyche covers the Wizards' game against the Hawks | washingtonpost.com/liveonline

HEARSAY | REDSKINS

"I just need to be more involved. I feel sort of foolish down there with not much to do."

—REDSKINS COACH STEVE SPURRIER HINTING DURING AN INTERVIEW ON WTEM RADIO THAT HE MIGHT START CALLING THE TEAM'S OFFENSIVE PLAYS AGAIN.

Today's TV Lineup

MEN'S COLLEGE BASKETBALL (7 p.m. on ESPN) Georgia Tech begins life without Chris Bosh when hosting Louisiana-Lafayette in the first round of the Preseason NIT.

MEN'S COLLEGE BASKETBALL (9 p.m. on ESPN) Bobby Knight leads Texas Tech against Davidson in a Preseason NIT matchup.

MEN'S COLLEGE BASKETBALL (8 p.m. on Comcast) Maryland wraps up its preseason with a home game against Roanoke of the National Basketball Developmental League.

PRO HOCKEY (8 p.m. on ESPN2) The Colorado Avalanche (10-5-1), once again among the NHL's elite this season, host the Anaheim Mighty Ducks.

Thanks for Everything

A slew of colorful Thanksgiving books talk turkey to kids

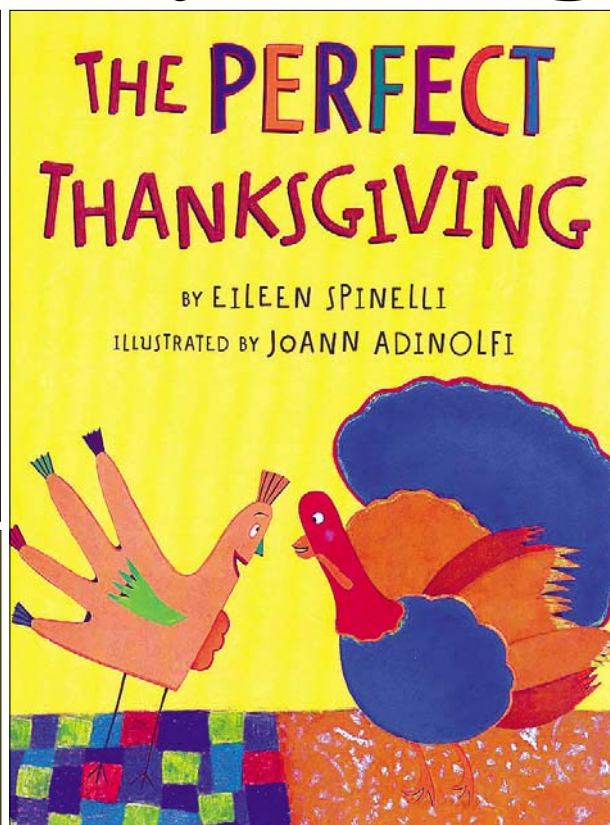
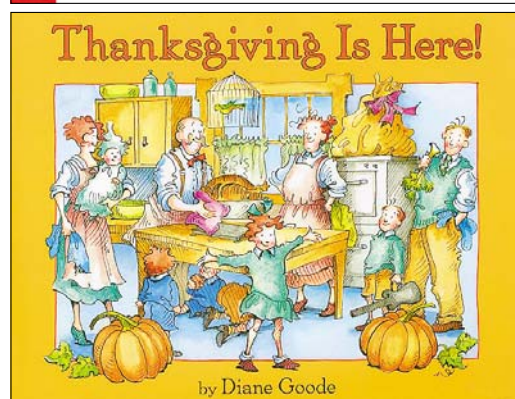
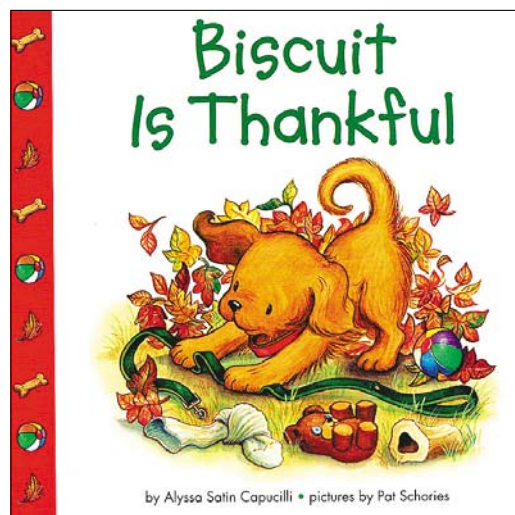
HOLIDAY BOOKS | A puppy named Biscuit is an unlikely symbol of Thanksgiving, but his story of gratefulness is one of several new books that encourage children to count their blessings.

"Biscuit is Thankful" (HarperCollins, ages 2-6) is a simple tale of a day in the life of the yellow puppy. As Biscuit chases a white rabbit, romps through leaves and plays with his friends, he stops to give thanks for the good things he sees, an example that is easy for even the smallest children to understand.

"The Perfect Thanksgiving" (Henry Holt Books for Young Readers) is chock-full of colorful details. Author Eileen Spinelli paints a comical picture of a little girl's chaotic family gathering as she compares it to her friend Abigail Archer's "perfect" family in a story that encourages children to forgive their family's faults.

The narrator's mother wears jeans and offers store-bought pie and Jell-O mold, while Mrs. Archer, in organdy and pearls, serves homemade pies. And while the Archer family quietly takes dainty bites of turkey, the narrator's table is filled with relatives slurping, burping and loudly singing.

"But we're alike in one way, the nicest way by far — alike in just how



LESSONS FROM THE FEAST: Biscuit (above left) is thankful for his leash; "Thanksgiving Is Here!" describes an old-fashioned gathering, and "The Perfect Thanksgiving" stalks the elusive hand turkey.

loving our different families are," says the narrator.

Spinelli's story and Joann Adinolfi's vivid illustrations offer a modern take, but "Thanksgiving Is Here!" (HarperCollins, ages 3-8) takes a look at an old-fashioned family gathering at Grandma's.

Caldecott Honor winner Diane Goode's pen-and-ink drawings with

a watercolor wash give the book a nostalgic feel in documenting what appears to be a 1930s-era Thanksgiving Day, from the time Grandma puts the turkey in the oven in the morning until the various relatives say goodbye at night.

The handmade feel of the holiday contrasts with today's preference for fancier, coordinated dinners: "At Grandma's house the chairs don't match ... but we don't mind. We all have a place at the table."

ERIN HANAFY (AP)

Giants invasion: They Might Be Giants' John Flansburgh discusses the band's children's book "Bed Bed Bed" today at noon on washingtonpost.com/liveonline.

Return of the King

MUSIC | Anointed the king of New York hip-hop after his friend the Notorious B.I.G. was killed in 1997, Brooklyn rapper Jay-Z claims, as he's done a number of times, that his latest album — this one's "The Black Album" (Def Jam), his eighth — will be his last. If true, hip-hop will indeed be left without one of its premier talents.

Throughout the new album's 14 cuts, Jay-Z showcases his tremendous lyrical skill, highlighted by his

uncanny ability to string together clever couplets with double meanings, something he does masterfully on the macabre "Moment of Clarity" and the brag-heavy "What More Can I Say."

These cuts also highlight Jay-Z's effortless delivery patterns, which can sound as casual as conversation or as complex as astrophysics.

Best known for his ingenious boasts, Jay-Z gives fans an engaging look into his formative years



Jay-Z's latest joint is his last. Or not.

on "December 4th" and "Moment of Clarity."

Backing Jay-Z's nimble lyrical gymnastics is equally potent production. Longtime collaborators Kanye West and Just Blaze deliver spectacular, soul sample-based beats, while Eminem, Aqua and Joe "3H" Weinberger also supply superior soundscapes.

Yet for all of his retirement talk, Jay-Z hints on "What More Can I Say" and "Encore" that he'll be returning to the rap arena. If so, he'll undoubtedly enjoy a well-deserved hero's welcome.

SOREN BAKER (LOS ANGELES TIMES)

Top Stops

FOR COMPLETE EVENT LISTINGS SEE WASHINGTONPOST.COM/ENTERTAINMENT

Hughes's Clues: Goya Lecture

Look, this isn't New York City. If we wanted to see, say, a huge retrospective of Francisco Goya's paintings, we'd have to go to Manhattan. Still, we are being honored with a visit from art historian Robert Hughes, who will lecture on the Spanish master's works. With luck, he'll have slides.

George Washington University, Lisner Auditorium, 730 21st St. NW; 6:30 p.m., \$15; 202-994-6800. (Foggy Bottom)

Abba Dabba Doo: 'Mamma' Back in Town

It's a testament to the resilience of Abba's music that the musical "Mamma Mia!" has found 22 of the Swedish popsters' bouncy songs on which to drape a flimsy but delightful gold-lame wrap of a plot. Through Feb. 15.

National Theatre, 1321 Pennsylvania Ave. NW; \$40-\$80; 202-628-6161. (Metro Center)



P.J. Griffith and Chilina Kennedy canoodle connubially in "Mamma."

Mammal Mia! De Waal's 'Family Album'

Now that the opening of the Smithsonian Mammal Hall has the local populace hot for mammal info, primatologist Frans de Waal presents his "Family Album," photos of primates he has known.

Naval Heritage Center, 7th Street and Pennsylvania Avenue NW; 6:30 p.m., \$25; 202-357-3030. (Archives-Navy Memorial)

Continued on page 13

Entertainment

She's Still Unusual

Cyndi Lauper has a new album, a son and no desire to throw plates

PERSONALITY | New-wave wild child Cyndi Lauper is now a 50-year-old mom, but she's still performing. Her latest album is called "At Last," she says, because she figured it's a better title than "About [Badword] Time." Newsweek's Vanessa Juarez caught up with Lauper to chat about her midlife comeback.

"At Last" is an album of covers. Why?

When I was on tour with Cher,

my manager kept bringing people to see me who would say, "I didn't know she could sing." And so the opportunity arose to do an album of interpretations.

What was it like touring with Cher?

The crowds were amazing because they ranged from old ladies in feather boas to little kids to adults to teenagers to gay men to straight men, well ... mostly gay men and their moms.

Your songs have been covered, too. Do you ever listen to a cover and say "Oh, that sounds like s—t?"

Yeah, there are some songs that you're like 'Ay, yah, yah, yah, yah!' When I hear somebody really interpret a song, it's inspiring to me because what I passed on to them is the inspiration to create, as opposed to, "I'm just doing this song because ..." A song is like a dress. We're not all built the same, so you have to take it in here, let it out there ...



Not everyone's idea of a soccer mom, the mature Lauper is still quirky-glam.

The way fans listen to music has changed.

At some point, I thought, "Oh no, I've been downloaded at a mass level. How did this happen?" Then I figured, "Wait a minute, that's the voice of the people talking, Lauper. Are you gonna listen?"

You're a VHI diva. Gloria Estefan says a diva is someone who throws plates. Do you throw plates?

No. But in all the old movies they always have the dames, those glamorous dames, yelling and screaming, picking up plates, yelling, "Get out!" But could you imagine if you really threw a plate? You could get a shard caught in you, and that would be wrong. msnbc.com/news

Stop Renting!

Invest in your own home
"0" down program
800.505.4980

SICK AND TIRED OF SMOKING?



Clinical Hypnotherapy

"Very satisfied with Phoenix Method 1
Quit Smoking Program,
it worked wonders for me"
M.M. from Richmond

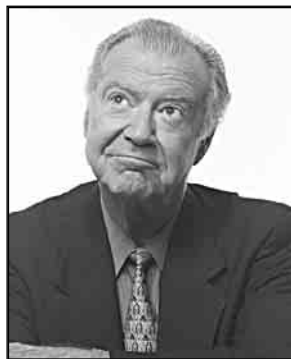
1-877-Method 1
www.phoenixmethod1.com
703-506-0551

**Weekend Pass.
Thursdays.**

express

XX247

Do You Qualify?



Need help writing your Executive Core Qualifications (ECQs)? The Graduate School, USDA — the area's leading trainer of federal, state and local government professionals — announces a one-day course designed to give you practical guidance on writing and developing your ECQs. You also learn about the Senior Executive Service and are guided through a self-assessment before writing your own ECQ statements with help from a coach.

A Guide to Crafting Executive Core Qualification Statements (EXEC9100L)

Date: December 8, 2004

Tuition: \$450

**GS GRADUATE
SCHOOL** USDA

For more information or to register, visit our Web site at
www.grad.usda.gov or call us toll-free at (888) 744-GRAD.

Give your kids something
they'll actually wear.

A rearview mirror.



Rearview Spy Glasses, \$5. All holiday gifts are not what they seem. You'll find unusual gadgets and not-so-everyday items, from pens with ears, plants with eyes, software with faces, and much more. Cool toys, spy-attire, and espionage books, too. Store entrance 8th & F Sts, NW, Gallery Place Metro. 202.654.0950. Open 10 to 6 daily or shop online at spymuseumstore.org.

INTERNATIONAL
SPY
MUSEUM
STORE

Entertainment

ON TV TONIGHT

YOU GO, SISTER

SISTER HELEN (7 p.m., Cinemax) This award-winning documentary profiles Helen Travis, a no-nonsense, occasionally foul-mouthed, Sinatra-obsessed Benedictine nun who founded a center in New York's South Bronx for serious addicts.

The recovering junkies and crack addicts live with Sister Helen in a run-down building supported only by the

tenant's rent and private charities. Sister Helen ladles out tough love and discipline. But they also share meals, laughs and conversations about their lives, hopes and lost opportunities.

A funny and moving character study, "Sister Helen" would make a terrific movie, but it might be difficult to cast an actress who could capture Helen's combination of feistiness and compassion.

SVU: SOMETHING VERY UGLY
LAW & ORDER: SPECIAL VICTIMS UNIT (10 p.m., NBC) Jacqueline Bisset guest



Bisset

stars on this spin-off's 100th episode, and it's a grim story. Bisset plays the haughty antique store-owning mother of a former junkie linked to a particularly gruesome act of revenge.

WHERE WERE YOU? OUR MARTINIS WERE GETTING WARM
QUEER EYE FOR THE STRAIGHT GUY (10 p.m., Bravo) The Fab Five return with new makeovers. **KEVIN MCDONOUGH** (UNITED FEATURE SYNDICATE)

TopStops

Continued from page 11

Mountain Music: Welch and Rawlings at 9:30

4 Her voice as strong and slender as a spiderweb, her songs slow and solid, Gillian Welch is the modern keeper of haunted mountain melodies and the simple prayers of Appalachia. Her shows with part-



Keeper of the bluegrass flame Gillian Welch evokes dark rural mysteries.

ner David Rawlings are as family-cozy as the music is dark.

9:30 Club, 815 V St. NW; 7:30 p.m., \$20; 703-218-6500. (U St.-Cardozo)

express MOVIES



BARGAIN MATINEES LISTED IN ()

ESCAPE to our winner wonderland!
Save your Loews theatre ticket number and register it at enjoytheshow.com to win fabulous prizes like a new Suzuki this holiday season!

Tickets, Times & More At FANDANGO.COM



LOEWS GEORGETOWN THEATRE

BRING YOUR BABY TO THE MOVIES WITH REEL MOMS!
IT'S MOTHER'S DAY EVERY TUESDAY AT **LOEWS GEORGETOWN**
FOR DETAILS ABOUT REEL MOMS, VISIT www.enjoytheshow.com

CINEPLEX ODEON MARLOW 6
MARLOW HEIGHTS SHOPPING CENTER
301-423-1014

SCARY MOVIE 3 (PG-13) (3:30) 6:20 9:50
★ MATRIX REVOLUTIONS (R) (4:00) 6:40 9:30
TUPAC RESURRECTION (R) (3:40) 6:50 9:20
BROTHER BEAR (G) (3:50) 6:10 8:30
★ MASTER & COMMANDER (PG-13) (3:20) 6:15 9:30
ELF (PG) (3:10) 6:30 9:00

CINEPLEX ODEON WISCONSIN AVE CINEMAS
4000 WISCONSIN AVENUE, N.W.
202-244-0882

LOONEY TUNES (PG) (1:10 3:20 5:30) 7:45 10:00
TUPAC RESURRECTION (R) (1:30 4:00) 7:00 9:30
ELF (PG) (1:00 3:10 5:20) 7:35 9:50
MYSTIC RIVER (R) (5:10)
SCHOOL OF ROCK (PG-13) (1:40 4:10) 9:40
SCARY MOVIE 3 (PG-13) (1:20 3:30 5:40) 7:55 10:05
GOOD BOY! (PG) (Open Captioned) (2:00) 8:20

CINEPLEX ODEON CINEMA 1
5100 WISCONSIN AVENUE
M FRIENDSHIP HEIGHTS 202-966-7256

MASTER & COMMANDER (PG-13) (1:00 4:30) 8:00

CINEPLEX ODEON WHITE FLINT 5
NORTH BETHESDA
301-881-5216

MASTER & COMMANDER (PG-13) (12:45 3:45) 6:45 9:45
MATRIX REVOLUTIONS (R) (CON 2 SCREENS) (1:00 4:00) 7:00 10:00
9:15
MYSTIC RIVER (R) (12:00 3:00) 6:10
SCHOOL OF ROCK (PG-13) (12:15 3:15) 6:20 9:00
LOVE ACTUALLY (R) (12:30 3:30) 6:30 9:30

CINEPLEX ODEON OUTER CIRCLE
4849 WISCONSIN AVENUE, N.W.
M TENLEYTOWN / AU 202-244-3117

SHATTERED GLASS (PG-13) (1:45 4:15) 7:00 9:15
STATION AGENT (R) (2:00 4:30) 7:15 9:30

CINEPLEX ODEON SHIRLINGTON 7
2772 SOUTH RANDOLPH
703-671-0978

★ THE HUMAN STAIN (R) (2:00 4:50) 7:30 10:00
LOST IN TRANSLATION (R) (1:50 4:40) 7:10 9:20
LOVE ACTUALLY (R) (1:00 3:50) 6:50 9:50
MYSTIC RIVER (R) (1:10 4:00) 7:00 10:00
STATION AGENT (R) (1:40 4:30) 7:20 9:40
IN THE CUT (R) (1:20) 6:40
SHATTERED GLASS (PG-13) (1:30 4:20) 6:30 9:00
UNDER THE TUSCAN SUN (PG-13) (4:10) 9:30

LOEWS WHEATON PLAZA 11
WHEATON PLAZA SHOPPING CENTER,
VIERS MILL RD BTWN. GEORGIA & UNIVERSITY
ON THE SOUTH SIDE OF CIRCUIT CITY BUILDING
301-949-9202

LOONEY TUNES (PG) (2:20) 6:50 9:00
MATRIX REVOLUTIONS (R) (ON 2 SCREENS) (1:00 4:00) 7:00 10:00
★ TUPAC RESURRECTION (R) (1:20 4:10) 7:10 9:30
SCARY MOVIE 3 (PG-13) (12:30 6:00 5:40) 7:50 9:50
★ ELF (PG) (1:30 3:50) 6:20 8:50
BROTHER BEAR (G) (ON 2 SCREENS) (2:10 4:20) 6:35 8:40
MYSTIC RIVER (R) (12:40) 6:40
LOVE ACTUALLY (R) (12:20 3:10) 6:10 9:10
MASTER & COMMANDER (PG-13) (12:30 3:30) 6:30 9:40
BROTHER BEAR (G) (3:15 5:30)
MATRIX REVOLUTIONS (R) (CON 2 SCREENS) 8:30
RADIO (PG) (3:20) 6:15 9:20
RUNAWAY JURY (PG-13) (12:50)
CHAINSAW MASSACRE (R) (3:40) 9:45

CINEPLEX ODEON INNER CIRCLE 3
2301 M STREET, N.W.
M M FOGGY BOTTOM 202-972-9556

RADIO (PG) (4:50) 7:10 9:20
INTOLERABLE CRUELTY (PG-13) (4:30) 7:00 9:30
SCHOOL OF ROCK (PG-13) (4:40) 7:20 9:40

CINEPLEX ODEON TYSONS FAIRFAX SQUARE
8065 LEESBURG PIKE
703-506-9857

MYSTIC RIVER (R) (12:50) 7:10
INTOLERABLE CRUELTY (PG-13) (4:00) 10:00
MASTER & COMMANDER (PG-13) (12:10 3:30) 6:40 9:40
LOVE ACTUALLY (R) (3:00) 6:30 9:30
RUNAWAY JURY (PG-13) (12:40 3:10) 6:10 9:15
ELF (PG) (11:50 2:40) 4:40) 7:30 9:55
BROTHER BEAR (G) (11:40 1:40 3:50) 6:50 9:10
MATRIX REVOLUTIONS (R) (12:30 3:20) 7:00 9:50
LOONEY TUNES (PG) (12:20 2:30 4:50) 7:20 9:20

CINEPLEX ODEON DUPONT CIRCLE 5
1350 19TH STREET, NW
M DUPONT CIRCLE 202-972-9556

SINGING DETECTIVE (R) (3:40) 9:20
PIECES OF APRIL (PG-13) (1:20 3:20) 5:30 7:30 9:40
UNDER THE TUSCAN SUN (PG-13) (1:00) 6:50
GOSPEL OF JOHN (PG-13) (1:30 5:00) 8:30
SHATTERED GLASS (PG-13) (1:10 3:30 5:40) 7:50 10:00
IN THE CUT (R) (2:00 4:30) 7:00 9:30

FOR DETAILS ABOUT REEL MOM'S VISIT www.enjoytheshow.com
LOEWS GEORGETOWN
3111 K STREET, N.W.
202-342-6033

MASTER & COMMANDER (PG-13) (12:30 1:30 3:30 4:30)
6:30 7:30 9:30 10:30
ELF (PG) (12:10 2:40 5:10) 7:40 10:10
MATRIX REVOLUTIONS (R) (12:20 1:20 3:10 4:10) 6:00 7:00 8:50 9:50
LOVE ACTUALLY (R) (11:50 12:40 2:50 3:40 5:40) 6:40 8:40 9:40
MYSTIC RIVER (R) (12:00 3:00) 6:10 9:00
KILL BILL VOLUME I (R) (2:30 5:00) 7:50 10:40
RUNAWAY JURY (PG-13) (2:00 4:40) 7:20 10:00
LOST IN TRANSLATION (R) (1:50 4:20) 6:50 9:20
THE HUMAN STAIN (R) (1:40 4:00) 6:20 9:10
SCARY MOVIE 3 (PG-13) (11:55 2:20 5:20)
DIE, MOMMIE, DIE! (R) (1:00 3:20 5:50) 8:00
CHAINSAW MASSACRE (R) (10:20)

CINEPLEX ODEON UPTOWN
3426 CONNECTICUT AVE. - NW 1/2 BLOCK SOUTH
M CLEVELAND PARK 202-966-8805
ALIEN-DIRECTOR'S CUT (R) (4:30) 7:00 9:30

★ NO PASSPORTS ACCEPTED

SHOWTIMES FOR - 11/18/03

www.enjoytheshow.com

© COPYRIGHT 2003

WHO WHAT WHERE WHEN WHY

“... Brian DePalma's new film is a valentine to the two directors he loves most: Alfred Hitchcock and Brian DePalma ...

... It looks like a movie, it sounds like a movie, you see it in a movie theater, but it's not a movie. It's like a 2-1/2 hour preview ...

... Other than a distressing lack of quality hair care products, things are fine in Middle Earth ...”

Stephen Hunter | Movie Critic
Writing of hits, hoots and horrors.
Fridays in Style.
The Washington Post

XP016 3x3.5


REGAL CINEMAS

A REGAL ENTERTAINMENT GROUP COMPANY

★ Pass / Discount Ticket Restrictions Apply
DIG = DIGITAL SOUND BARGAIN SHOWS IN ()
Advance Tickets at FANDANGO.COM and 800-FANDANGO

| BALLSTON COMMON STADIUM 12 | ROCKVILLE CENTER STADIUM 13 | UA BETHESDA 10 |
|---|---|--|
| Ballston Common Mall, Glebe Rd. Arlington (703) 527-9466 | Rockville Town Center (301) 340-9399 | 2772 Wisconsin Avenue (800-FANDANGO 568) |
| 800-FANDANGO 377 | 800-FANDANGO 2188 | |
| Adv. Tix on Sale CAT IN THE HAT (PG) ★ | Adv. Tix on Sale HAUNTED MANSION (PG) ★ | Adv. Tix on Sale CAT IN THE HAT (PG) ★ |
| Adv. Tix on Sale CAT IN THE HAT (PG) ★ | Adv. Tix on Sale CAT IN THE HAT (PG) ★ | Adv. Tix on Sale CAT IN THE HAT (PG) ★ |
| LOONEY TUNES (PG) DIG (130 355) 705 930 | LOONEY TUNES (PG) DIG (1215 245 515) 745 1015 | LOONEY TUNES (PG) DIG (1150 215 440) 705 930 |
| MASTER & COMMANDER (PG-13) DIG ★ (255 350) 605 700 925 | MASTER & COMMANDER (PG-13) DIG ★ (1200 310) 700 1000 | LOVE ACTUALLY (R) - ID REQ'D DIG (100 420) 725 1025 |
| THE GOSPEL OF JOHN (NR) DIG (110 445) 820 | ELF (PG) DIG (1245 320) 715 1005 | ELF (PG) (1200 230 500) 730 |
| HUMAN STAIN (R) - ID REQ'D DIG (200 500) 745 1025 | LOVE ACTUALLY (R) - ID REQ'D DIG (1235 420) 810 | MATRIX REVOLUTIONS (R) - ID REQ'D DIG (1250 105 410) 720 1010 1030 |
| INTOLERABLE CRUELTY (PG-13) DIG (650 945) | MATRIX REVOLUTIONS (R) - ID REQ'D DIG (12430) 740 1050 | MYSTIC RIVER (R) - ID REQ'D DIG (1250 400) 710 1020 |
| PIECES OF APRIL (PG-13) DIG (235 445) 710 910 | BROTHER BEAR (G) (135 250 420 530) 815 | BROTHER BEAR (G) (1155 210 430) 655 910 |
| RADIO (PG) DIG (205 450) 735 | SCARY MOVIE 3 (PG-13) (1230 300) 710 940 | SCARY MOVIE 3 (PG-13) (1205 225 450) 740 1005 |
| SCARY MOVIE 3 (PG-13) DIG (455) 715 955 | TEXAS CHAINSAW MASSACRE (R) - ID REQ'D DIG (950 155 435) 720 1010 | RUNAWAY JURY (PG-13) (1220 330) 650 950 |
| TEXAS CHAINSAW MASSACRE (R) - ID REQ'D DIG (950 155 435) 720 1010 | MYSTIC RIVER (R) - ID REQ'D DIG (1225) 340 640 920 | SCHOOL OF ROCK (PG-13) (1240 340) 640 920 |
| SCHOOL OF ROCK (PG-13) DIG (140 425) 655 | KILL BILL, VOLUME 1 (R) - ID REQ'D DIG (415) 730 | |
| Times For 11/18/03 | ©2003 | www.REGmovies.com |

Personals

To respond to any of these ads using your credit card,
call **1-866-495-9556**    
Or call **1-900-787-6041** Call costs \$1.99/min.
Must be 18+.

Women Seeking Men

OUTGOING, BLONDE, BLUE-EYED, petite SWF, 38, enjoys British comedies, great museums, new places, good friends. Seeking fun-loving, family oriented, smart SWM. **✆**800372

EDUCATED, PROFESSIONAL SAF 57, seeks nice, intelligent, white gentleman, 57-65, with similar qualities. For LTR. **✆**686805

RUSSIAN LADY, 35, attractive inside and out, fit, educated, ISO SWPM, 36-45. Sincerity and honesty a must. Reliable, established, ambitious, interested in LTR. **✆**607135

TALL, INDEPENDENT SWPF, 37, enjoys books, gardening, cats, horses, country drives, theater, music, festivals, exploring nature, variety and romance. **✆**76826

FORMER MODEL, 27, 5'10", 125lbs, African-American female, seeking male, 35-50, for friendship, fun and travel. **✆**772154

SW TEACHER, 34, is interested in all types of music (especially classical and 80s), and is looking for a man who stays active and cultured. **✆**753605

SBF, 31, **SEEKS** a man who is caring, loving, ambitious, and believes in fun, family, and honesty. **✆**577671

SBF, 38, **SAGITTARIUS**, mother, works at nursing home, laid-back, enjoys dining, movies, seeks man, 32-45, for friendship, possible romance. **✆**713900

SBF, 38, 6', 145lbs, fit, enjoys sports, movies, dining out, and travel. Seeking SWPM with similar interests. **✆**356120

BLACK BEAUTY, 31, 5'8", professional, retired model, well-read, well-traveled, outspoken, classy, intelligent, French-speaking exotic lady ISO tall, intelligent, secure WM, 35-55, Call now. **✆**648661

SF, 20, 5'4", 140lbs, black/brown, likes working out, reading, travel, sports, music. Seeking SHM, 21-30, with similar interests, for friendship, possible LTR. **✆**641792

SEXY SBF, 29, 5'5", 140lbs, brown/brown, outgoing, professional, affectionate, loves comedy shows, beaches, and concerts. Seeking attractive, outgoing, independent, intelligent, WM, 29-45, N/S. **✆**590049

FULL-FIGURED SBF, 26, 6'1", Taurus, seeks SBM, 25-35, 6+, who likes travel, sports, and quiet evenings at home, for LTR. **✆**284970

38-YEAR-OLD SBF, MOTHER, enjoys keeping busy and more. Looking to chill with an independent, honest, affectionate, fun-loving SBM friend for the winter and beyond. Thirsty for life and good times? **✆**884369

ATTRACTIVE, LEGGY SAFP, 38, engineer, 5'7", 125lbs, Virgo, N/S, ISO tall, handsome, kind, smart SWPM, 35-50, N/S, no kids, for LTR. **✆**962949

36-YEAR-OLD, AFRICAN-AMERICAN SF, 5'3", 150lbs, dark brown complexion, brown hair, no kids, laid-back, enjoys movies, plays, concerts, outdoor events, seeking gentleman, 35-40, with similar interests. **✆**673648

AFRICAN LADY, SBF, 32, 5'9", looking for SM, 40+, race open, for long-term relationship. No games please. **✆**610855

I'M EVERYWOMAN. COSMOPOLITAN SWPF, 36, curly long brown/blonde, ISO financially secure, young-looking SWPM, 40-50, athletic build, who wants to share all life has to offer. **✆**610019

SOUTHERN GAL, 37, SBF 5'2", down to earth, enjoys concerts, movies, quiet times at home. Seeking SBPM, 35-45, for friendship and possible LTR. **✆**486549

DBF, 38, 5'5", 120lbs, enjoys walks, reading, traveling, music, the beach. Seeking honest, sincere man, for friendship first. **✆**440790

22-YEAR-OLD, SBF, 5'10", light complexion, curvaceous, attractive, recent college graduate, seeking SB/WM, 27-36, with similar interests, for companionship. **✆**771602

SBF, 35, 5'3", high-spirited, full of positive energy, smoker, not afraid to shoot from the hip, seeks BM, 43-55, smoker, independent. **✆**752225

SOUTHERN BEAUTY, SBPF, 39, 5'8", no kids, enjoys outdoor activities, travel. Seeking SB/HPM, 37-44, N/S, bad boy/good guy, with a sense of humor, no kids. **✆**739121

BLOND, OUTGOING SWPF, 37, 5'6", athletic, outdoors, attractive. Seeking SPM, 35-55, with similar interest. For friendship first possible LTR. **✆**730510

AFRICAN-AMERICAN SF, 27, Aries, N/S, educator, tall, athletic, seeks African-American S/D/M, 24-37, N/S, for sharing fun, dinner, movies, sporting events. **✆**727939

ATTRACTIVE, INTELLIGENT SPF, 35, 5'4", slender, brown/green, enjoys art, playing piano, traveling, trying new things. Seeking handsome, tall, kind, honest SWPM, 30-40, N/S, for LTR. **✆**723814

FRIENDS FIRST with long-term prospects. SBPF, 33, smart, sweet, attractive, seeks SBPM, 37-45, intelligent, honest, witty, and spiritual. **✆**638484

SBPF, 31, **FAIR-SKINNED**, feminine, full-figured, with great sense of humor, varied interests. Seeks SPM, 30-40, for friendship, laughs, intelligent conversation, possible LTR. **✆**636668

SWF, 33, **ATTORNEY**, new to area, tall, blonde/blue-green, Pisces, N/S, sports love, enjoys traveling and jazz clubs. Seeking tall PM, 34-44, N/S, dog a+. **✆**589833

B/AF, 38, **SEEKS** LTR, 5'2", size 16, wears it well. One child. Likes movies, comedy, walking, and sports events. Seeks tall, dark, strong, kind, honest man. **✆**548897

SWPF, CHRISTIAN, 5'8", blonde/blue, easygoing, flexible, young-at-heart, loves kids (mine are grown). Likes fun and excitement. Seeks WPCM, 40+, for companionship, Possible LTR. **✆**500473

CHANCE FOR ROMANCE. SBF, 36, 5'3", 165lbs. Educated, affectionate, down-to-earth, feminine, childless. Looking to develop, build, and create the impossible with you. SBPM, 38+, N/S. **✆**495690

SBF, 33, **CANCER**, N/S, seeks BM, 25-40, N/S, for dating/LTR. **✆**441357

SASSY SPF, 37, N/S, enjoys working out, movies, travel, reading. Seeking mature SPM, N/S, N/Drugs, with similar interests, to enjoy life with. **✆**439614

SBPF, 26, 5'7", 160lbs, seeks tall SPM, 24-30, 6'2"+, with a good sense of humor, for friendship, fun and possible LTR. **✆**389196

PROFESSIONAL, TALL, SLIM, vegan, real estate expert, swimming, biking. Seeking WIM, 35-50, with same interests. **✆**752691

INTELLIGENT, INDEPENDENT, TRUSTWORTHY SBF, 37, seeks down-to-earth, humorous, loving SWM, 28-40, who enjoys football, dining out, reading, movies, music and more. **✆**742806

SBF, 24, **LOVES** to play basketball, pool and watch other sports. Seeking a man to keep active and sharp with. **✆**718063

ATTRACTIVE SB MOM, 33, down-to-earth, caring, enjoys movies, dining, outdoors. Seeking honest, caring SM, 30-39, race open, for friendship first. **✆**393133

PROWLING CARIBBEAN WOMAN, SBF, 32, enjoys dancing, movies, play wrestling, holding hands and cuddling. Seeking loving, independent, honest, romantic, non-smoking SM, 32-40, **✆**646068

SBF, 31, **CAPRICORN**, N/S, loves swimming, horseback riding, golf. Seeking BM, 23-36, for dating. What are your pastimes? **✆**584061

NUBIAN PRINCESS, SBPCF, 35, 5'7", H/W proportionate, enjoys weekend trips, park walks, movies, outdoors. Seeking SB/CM, 5'11"+, for companionship. **✆**767234

GENTLE, BROWN-SKINNED WOMAN, 36, radiant smile and natural beauty, seeks kind-hearted, fit gentleman, 37-45, N/S, for nature outings, cultural events, and relaxed conversation. **✆**470350

TALL, BEAUTIFUL, BLACK, plus-sized professional female, 32, ISO tall professional male, 32-40, for dating. **✆**640310

SBP MOTHER, 35, N/S, is attractive, classy, honest, athletic, and seeking SBM, 38-45, who is secure, established, spiritual and honest. **✆**472850

ATTRACTIVE, EDUCATED SBF, 36, Gemini, N/S, seeks WM, 36-40, N/S, who is educated , with no children, for LTR. **✆**452998

SBF, 32, **ATTRACTIVE**, intelligent, loves to read, watch movies, bowl, skate, play pool, take long walks. Seeking mature, humorous, family oriented SM, 33-55. **✆**414069

SBF, 35, **TWO** children, looking for a SM, 35-50, 5'10"+, for friendship and conversation first, maybe leading to more. Must like children. **✆**387069

YOU'RE READING THIS AD You're an attractive, intelligent, open-minded person who's fun to be with. And you happen to be single. So are the thousands of other people who read these ads. So why not get to know them? Place an ad and start meeting who you want to meet. We'll even let you know when you have messages. Just call the Membership line to find out how!

APF, 38, **SEEKS** honest, sincere, good hearted, educated SW/PM, 35-48, N/S, who enjoys nature, music, for LTR. **✆**895164

PETITE SBF, 37, Sagittarius, N/S, seeks nice, loving, caring, friendly, honest man, 35-50, for LTR. **✆**905439

CARIBBEAN LADY, 38, no children, N/S, N/D, enjoys cooking, quiet time at home. Seeking employed, independent man, for friendship, fun and LTR. **✆**853617

PASSIONATE, SBPF, 46, romantic-at-heart, enjoys conversation, music, movies, working out, seeking SBPM, with similar interests, for LTR. **✆**802173

ISLAND GAL If we click, let's share the experience. Trim DWf, 56, blonde/brown, 5'7", enjoys skiing, tennis, and fun. Seeking tall, handsome, unencumbered guy, 50-60. **✆**962970

REAL GEM. DBF, 56, 5'3", medium build, attractive, warm and humorous. Seeking tall, sincere, kind, witty SBM, 50-60 for friendship. **✆**757342

ATTRACTIVE BPF, 36, 5'5", 125lbs, kind heart, intelligent mind, one child, enjoys hiking, dancing, biking. Seeking sincere, attractive SPWM, 30-45, physically fit, N/S, for LTR. **✆**631362

ATTRACTIVE, INTELLIGENT SWF, 37, blonde, with sexy eyes and great legs, down-to-earth, fun-loving, and major football fan. Seeking SBM, 35-43, down-to-earth, for romance, possible LTR. **✆**633699

SACF, 30, **SCORPIO**, seeks someone who is kind, sincerity and honesty a must, loving, good sense of humor, 30-40, for friendship, possible LTR. No games. **✆**644865

CLASSY, FULL-FIGURED SBF, 27, seeks mature, handsome, down-to-earth SBM, w/sense of humor, 27-38, 225lbs+, 5'10"+, for friendship and enjoying activities. Dating first, possible LTR. **✆**559393

SHE 31, **LEO**, N/S, 5'7", black/brown, open-minded, enjoys cooking, watching movies, spending time at home, seeks easygoing, fun, open-minded woman, 30-40. **✆**688239

SBF, 35, **IS** in search of a B/H/M, for cuddling, long walks, nights on the town, and more if we make a connection. **✆**678150

OUTGOING SBF, PRE-SCHOOL teacher interested in outdoor/nature activities, cultural/current events. **✆**667109

FEMALE SPORTS FAN SBPF, 37, enjoys working out, travel, cooking. Seeking SBPM, 32-42, N/S, with similar interests. **✆**644991

CUTEY PIE. SBF, 26, 5'11", with a caramel complexion and light eyes, wants to meet a man who appreciates a shapely woman. **✆**617959

DWPF, 37, **SINGLE** mom, home owner, enjoys dancing, the beach, film, travel. Seeking honest, very attractive man with common interests and lifestyle. **✆**544186

PETITE SBF, 36, no children, interests include music, movies, reading, cultural events, dining out. Seeking a gentleman with integrity, intelligence, and essence of romance. **✆**540858

ALLURING, WELL-BRED WOMAN, 18, 150lbs, brown/brown, seeks attractive, outgoing GF who enjoys music, dancing, movies, and quiet evenings at home. **✆**546253

SF, 30, **ENJOYS** football games, baseball and hockey, beaches, mountains, hiking, fishing, outdoors, picnics, sunsets, holding hands. Seeking SWM, 28-40. **✆**544427

VERY ATTRACTIVE, INTELLIGENT SWPF, 35, brown/green, enjoys art, music, playing piano and trying new things. Seeking tall, handsome, kind SWPM, for LTR, family. **✆**488208

SBPF, 38, 5'8", 140lbs, well-traveled, intelligent, attractive, friendly, enjoys concerts, dining, sports, romance. Seeking attractive, professional, secure SBM, 36-48, who works hard and plays hard. **✆**484588

SWF, 38, 5'8", Catholic, enjoys biking, beach, hiking, dining out and dancing. Seeking SWM 35-48, N/S, for friendship and possible LTR. **✆**527706

SBF, 39, **PISCES**, N/S, seeks BM, 39-49, N/S, who is professional, and is honest. For a very serious relationship. **✆**407432

EDUCATED, WORKING, 22-32, tall, 6'2"+, dark SM sought, must enjoy dancing, good communication. **✆**653471

VIBRANT, FULL-FIGURED SBF, 37, 6', enjoys theater, dining out, reading, and museums. Seeking SBM, 27-37, for LTR. Serious inquiries only, please. **✆**513337

SBF, 23, **ARIES**, N/S, mother, loves going out to eat, and just being herself, seeks man, 26-35, for dating. **✆**573347

COOL WORLD. GREAT-LOOKING SB Taurus, 36, is passionate, loving, kind and looking for the same in a great guy. **✆**473074

VERY OUTGOING SBF, 34, 5'3", 145lbs, fit, in search of sincere, kind gentleman, 29-39, I have too many interests to list here, call, we'll talk! **✆**469865

ATTRACTIVE, FULL FIGURED SBF, 28, Leo, non smoker, who enjoys sports, outdoor activities and dancing. Seeking HM, 25-35, with similar interests. For friendship. **✆**453458

SBF, 36, **SCORPIO**, N/S, seeks WM, 36-45, N/S, who is spontaneous and likes to have fun. **✆**434295

SF, 38, **FULL-FIGURED**, vegetarian new to Maryland, originally from LA and Vegas. Seeking SM, for dating and LTR. **✆**418022

SBPF, 33, **NO** kids, attractive, fit, tall, enjoys sports movies, dining out. Seeking tall fit, SBPM, 31-38, with sense of humor. **✆**417473

ARE YOU THE honorable, articulate, handsome, SBPM, 5'10+, 35-40, for this opinionated, outgoing, attractive, SBPF 38? Lets find out. **✆**412913

SF, 34, **LIKES** playing pool, biking, dining out, movies, clubs, quiet times at home. Seeking mature SM, 33-40, ready to be in a serious relationship. **✆**379878

ATTRACTIVE SBF, 33, 5'11", medium build, enjoys music, dancing, movies, travel, sports. Seeking tall SBM, 30-40, with similar interests, for friendship, possible LTR. **✆**344223

IN SEARCH of an honest man with a good sense of humor and a love for children, for quality time with this SWF, 28. **✆**330886

SBF, 34, 6'0", light, skin, attractive, tall, slender, free-spirited, N/S. Seeking WM, 35-52, tall, romantic, financially independent for friendship and possible relationship. **✆**306329

Men Seeking Women

HARD-WORKING, FUN-LOVING SBM, 40, 6'1", 310lbs, non-smoking, ISO light-medium completed, healthy SBF, 30-45 5'9"-5'11", full-figured A+, for dating, romance, maybe LTR. **✆**778873

SM, 28, 6', medium build, Gemini, N/S, enjoys fishing, movies, travel, sports, working out, music. Seeking SBF, 20-24, N/S, for possible relationship. **✆**780862

MALE, 49, **TAURUS**, N/S, 5'10", brown/brown, 190lbs, traveled, educated, seeks SF 36-52, N/S, to share dining, movies, other activities. **✆**781232

SBM, 26, **PISCES**, N/S, 5'6", brown complexion, enjoys relaxing, sports. Seeking SBF, 23-32, N/S, similar height, laid back. **✆**782426

SHM, 26, **CANCER**, N/S, 5'8", new to area, enjoys golf, tennis, basketball. Seeking woman, 20-28, for possible relationship. **✆**785104

MALE, 20, **SAGITTARIUS**, N/S, seeks intelligent woman, 22-32, who does not want her time in games and drama. Leave me a message. **✆**785820

SBM, AVERAGE BUILD, 54, 245lbs, 5'11", Aquarius, smoker, enjoys movies, dining, walks, dancing. Seeking SWF, 23-50, **✆**792765

SBM, 5'11", ATHLETIC build, 19, Capricorn, smoker, enjoys doing many different things. Seeking SBF, 18-19, smoker, for LTR. **✆**793132

LOVING, SINCERE, SWEET SB/CM, 18, N/S, N/D, D/D-free, seeks Hispanic or SB/AF, 18-24, for friendship, good times, good conversation and casual dating. **✆**779921

SBM, 23, **LIKES** talking, movies, people, fun nights out. Seeking similar lady to share life and friendship. **✆**778634

FUN-LOVING, ROMANTIC SBM, 44, 5'11", 175lbs, shaved head, mustache, brown eyes, brown complexion, enjoys dancing, bowling, laughs, good conversation. Seeking intelligent lady for friendship/love. **✆**778881

INTELLIGENT SBM, 33, 5'8", loves jazz music, romantic dinners, quality conversation, good company. Seeking communicative, loving, beautiful lady w/kind heart for life and lasting love. **✆**779406

EMPLOYED, HAPPY, HONEST SM, 19, 6'3", 250lbs, dark complexion, pierced tongue, tattoos, enjoys movies, shopping, bowling, time with friends. Seeking similar female for good times. **✆**779563

SHY SBM, 44, enjoys playing music, home improvement, quiet times and the simple things. Seeking like-minded female who enjoys the same. Friendship first, possible LTR. **✆**779616

WELL-EDUCATED, LAID-BACK SBM, 37, 5'8", slim, librarian, enjoys watching sports, parks walks, nature hikes. Seeking SF to share fun times, good conversation, lots of TLC. **✆**771285

EMPLOYED, ACTIVE SBM, 33, 5'5", 150lbs, chef, likes running, swimming, cooking. Seeking sweet, honest, independent, lady with God in her heart, who enjoys the same. **✆**772112

BM, 22, **NEW** to the area, hoping to meet a fun-loving, interesting female to relate to. I'm a simple person, ready to meet you. **✆**766676

NON-SMOKING SBM, 21, 5'11", average build, N/S, many interests. Seeking attractive, outgoing SB/HF, 18-22, N/S, for LTR. **✆**762646

ATHLETIC, NON-SMOKING SBM, 29, 5'9", likes fishing, movies, travel, working out, sports, music. Seeking SF, 23-38, with similar interests, for quality time. **✆**764256

MALE, 26, **LEO**, N/S, who loves to play Basket ball and more. Seeking woman, 24-28, N/S, to date and enjoy life. **✆**748446

OUTGOING AND FUN SBM, 5'7", Athletic build, 23, Sagittarius, smoker, seeks woman, 18-40, for friendship, possible romance. **✆**751076

HANDSOME, INTELLIGENT, INDEPENDENT SBM, 5'7", average build, 23, Capricorn, smoker, seeks BF, 18-39, for friendship, possible romance. **✆**751565

SBM, 20, **VIRGO**, smoker, seeks AF, 23-36, who likes to have fun, to date and start a new relationship. **✆**751755

SBM, 5'10", AVERAGE build, 30, Cancer, N/S, who enjoys having fun and relaxing. Seeking BF, 32-33, N/S, for friendship, possible romance. **✆**756814

OUTGOING, FUN SBM, 5' 8", Average build, 30, Libra, smoker, who likes to work out and have fun. Seeking woman, 25-40, for friendship, possible romance. **✆**759400

Your trip to work just got *exciting*.

Find *tonight's* date
on your *morning* commute.
Call **1-866-628-DATE**
to meet hundreds of local singles.



Place your ad today, and we'll instantly match you up with people just like you. Every time we find new matches or someone leaves a message, we'll send you an e-mail or a text message directly to your cell phone.

GOOD-LOOKING, YOUNG, NICE, easygoing SBM, 18, Aries, N/S, seeks attractive, fun and energetic HF, 18-21, N/S, for LTR. **✆**759410

HANDSOME, FUN MALE, 23, Capricorn, N/S, seeks BF, 22-26, to date and have fun with. **✆**749215

HANDSOME, SINCERE SBM, 5' 11", slim build, 39, Cancer, N/S, who enjoys action and adventure movies. Seeking woman, 34-45, for friendship, possible romance. **✆**760036

EDUCATED, FUN, TALL SBM, marriage-minded, 6'6", Average build, 33, Sagittarius, N/S, seeks BF, 18-30, N/S, to start a new relationship. **✆**762113

SBM, MARRIAGE-MINDED, 40, 6'1", Leo, N/S, seeks BF, 40-45, N/S, who enjoys going out together, traveling, to date and enjoy a nice companionship. **✆**751

Personal Tech



SINCE YOU ASKED

Q What do I need to know if I want to change cell phone companies once new rules allowing people to keep the same phone number take effect Nov. 24?

A The rules issued by the Federal Communications Commission say cell phone users in the 100 most populous metropolitan areas will be able to keep their numbers if they switch to wireless providers serving the same local area.

For those who live in smaller markets, wireless companies will be required to hand over phone numbers to a rival carrier within six months of receiving such a request, but no sooner than May 24, 2004.

Depending on the location, people may also be able to switch a home or office phone number to



a cell phone.

If you decide to switch, here are some key points to understand:

Don't cancel your current service before switching. A phone number must be active to switch it.

To make a switch, contact the cellular provider you want to join rather than your existing carrier.

Once you give the go-ahead, your new carrier will verify your account information through a third party, which will pass on the request to your current cellular provider.

FCC guidelines call for wireless carriers to handle a switch within 2 1/2 hours, but experts warn that it may take days at first due to system glitches or excessive demand. **BRUCE MEYERSON (AP)**



The countdown begins: All you soon-to-be traitors to your cell phone plans can get the latest on Switching Day at The Washington Post's www.technews.com.

Give Your Cell Phone The Finger

CELL PHONES | Let your fingers do the talking with an experimental cell phone by Japan's top mobile carrier. To use the Finger Whisper phone, simply put your finger in your ear. The microphone and earphone are embedded in a wrist-

band. So when the phone rings, just start talking into the inside of your wrist while sticking your finger in your ear, NTT DoCoMo spokeswoman Junko Miyazaki said. The gadget transforms voice into vibrations that travel through your bones into your finger and then into your ear, where the vibrations can be heard as sound again.

But don't expect throngs of Japanese to be walking down the street with fingers in their ears anytime soon. Finger Whisper is still being developed. **YURI KAGEYAMA (AP)**

PENTIUM CPU's GREAT CONDITION & CHEAP!!

DELL, HP, IBM COMPAQ Pentium 2'sALL UNDER \$99
HP VECTRA VL P3 500Mhz - 128MB 6.0HD CD 56K Nic.....\$149
CMQ Deskpro Tower P3 600Mhz- 128MB 9.1Scsi CD 56K Nic.....\$179
HP VECTRA VL P3 733Mhz - 128MB 6.4GB HD CD 56K Nic.....\$199
DELL GX110 P3 733Mhz- 128MB 7.0GB DVD 56KL Nic.....\$249
HP VECTRA VL 400MT P3 1.0GHZ - 256 20.0 56K Nic W2K.....\$349

ADD A 17" CRT MONITOR TO ANY SYSTEM FOR.....\$49

LAPTOP & LASERJETS ALSO AVAILABLE AT UNMATCHABLE PRICES!!
VISIT OUR WEBSITE @ www.PCRetro.com FOR FURTHER INCENTIVES!

90 Day Warranty USED * OPEN * DEMO REFURBISHED

We specialize in recovering quality computer equipment in bulk.
 We test and resell to you with warranty at **Amazing Prices!!**

Since 1988 we have been bringing you TOP quality namebrand computers at **LESS** than computer show prices.
 Models & prices are subject to change while supplies last!

* For all valid, current or former military personnel on items purchased at PC Retro

PCRETRO.COM
COMPUTER WAREHOUSE

VIRGINIA:
Computer Warehouse
 7516 Leesburg Pike, Falls Church, VA 22043
 703-821-1400

MARYLAND: Retail Location
PCRetro.com
 5031 Garrett Ave., Beltsville, MD 20705
 301-931-6630

Automotive. Wednesdays.

express

A publication of The Washington Post

XX247

IRS PROBLEMS?

VETERAN EX-IRS AGENTS & TAX PROFESSIONALS

Clients Never Meet with the IRS - Settle for Pennies on the Dollar - Written Guarantee

Free Tax Settlement Analysis:

Confidential Interview in Our Local Office

800-765-3007

Toll-Free

Free "Insider" Report:

"How to End IRS Problems Forever!"

877-451-9111

Toll-Free 24 Hour Recorded Message

www.jkharris.com

"...the (Nation's) most successful tax-resolution company." - **The Wall Street Journal**
JK Harris & Company - 6 D.C. Offices (475 Offices Nationwide)

T-MOBILE

3-DAY WEEKENDS.

\$39.99 per month*

T-MOBILE 3-DAY WEEKEND PLAN

- **600** whenever minutes
- **UNLIMITED** calling on Friday, Saturday and Sunday
- No long distance or roaming charges

Add nights for just \$4.99

THE NEW ERICSSON T610 FEATURES:

- **COLOR LCD SCREEN** • **PHOTO CALLER ID**
- **TRI-BAND WORLD PHONE**

VISIT ONE OF OUR CONVENIENT AUTHORIZED DEALERS:

MT Electronics

7671 New Hampshire Ave.
 Takoma Park, MD 20912

301-434-1890

Wireless Touch

13436 New Hampshire Ave.
 Silver Spring, MD 20904

301-879-9193

Outlook Wireless (Quick Page)

1024 Rockville Pike
 Rockville, MD 20852

301-309-3790

Global Reception Comm

1335 Rockville Pike Suite 250
 Rockville, MD 20852

301-309-8003

Metropolitan Wireless

699 Washington Blvd.
 Laurel, MD 20707

301-498-6030

Outlook Wireless (Quick Page)

13938 Baltimore Ave
 Laurel, MD 20707

301-498-5400

Outlook Wireless (Quick Page)

1300 Merchantile Lane #146
 Largo, MD 20774

301-386-6447

Cellular America*

8801 Baltimore National Pike #11B
 Ellicott City, MD 21043

410-465-0218

World of Wireless

7401 Baltimore Ave
 College Park, MD 20704

Ericsson T610
 SRP: \$199.99

301-985-2002

AXS Communications

1320 Crain Highway
 Bowie, MD 20716

301-249-0969

World of Wireless

4825 Fairmont Ave.
 Bethesda, MD 20814

301-986-1992

Apex Communications, Inc.

2926 E. Cold Spring Lane
 Baltimore, MD 21214

410-444-2600

Wireless Depot

6057 Falls Rd.
 Baltimore, MD 21209

410-377-9700

World of Wireless

1 North Charles St. Lob.-6
 Baltimore, MD 21201

410-685-6666

World of Wireless

4825 Fairmont Ave.
 Bethesda, MD 20814

301-986-1992

★**BONUS CODE: EXPDLRI118**

Simply Wireless®

making communication simple™

zones
 Send pictures with T-zones.

T-Mobile
 authorized dealer

*Special price with new activation of rate plans \$34.99 and above. Offer expires 11/30/03. Some restrictions apply.

If you are not satisfied with our service, you may cancel within 14 days of activation with no early cancellation fee. ©2003 SERVICE INFORMATION: Limited time offer; subject to change. Coverage only available on our domestic GSM/GPRS network and that of our roaming partners ("Get More network"). Domestic long distance (but not for credit card, calling card or operator-assist calls) and roaming are on the Get More network. Weekends are midnight Thu. to midnight Sun. Credit approval, \$35 activation fee and 1-year agreement required with \$200 early cancellation fee per line. Use of our service constitutes acceptance of our Terms and Conditions including mandatory arbitration. Taxes, USF and other charges additional. Unused allowances lost. Partial minutes used are rounded up and charged at the full minute rate; calls measured from when the network begins to process the call (before the phone rings or the call is answered) through its termination of the call. Rates are for domestic calls. Billing of roaming charges and minutes of use or services may be delayed. Devices sold for use on our GSM/GPRS systems and may not be compatible with other wireless systems. Additional restrictions apply; see brochure and Terms and Conditions for details. PHONE INFORMATION: At participating retailers. While supplies last; shipping charges apply. Rebate mail-in offer requires purchase of the phone listed and new activation on qualified rate plan. You must be on qualified rate plan when rebate is processed. T-Mobile is a registered trademark of Deutsche Telekom AG.

Health & Fitness

Different Drums

Beat your heart into better health with West African dance

FITNESS TRENDS | I try just about every new class, anything that might be engaging enough to override my inclination to slide by with a minimum of exertion. I recently found one in West African dance.

West African dance is a great cardio workout if you can keep up with the drum playing, and good for toning as well. The steps include Rockettes-like front kicks and belly-dancing undulations while moving forward in a deep-squat position.

But it's not the easiest thing to pick up. Although I've taken years of ballet, I tried one intense West African dance that was riveting to watch, but way out of my league.

An easier class featured an ensemble of 11 drummers playing traditional hand-slapped djembe drums or the dundun, a bass drum, along with others.

I skulked around in the back of the room while the better dancers practiced their moves in groups of twos and threes in front. As a newcomer, I had to spend a lot of time just trying to remember and follow the choreography.

You could feel the vibrations from the drums; you could feel the hardwood floor shake. But here's the tricky part: Your feet are supposed to follow the warp-speed four-count beat, and your upper body is supposed to undulate like



Titus Fotso teaches West African dance classes with drummers in Los Angeles.

a snake to another rhythm — one that's double time.

In the United States, the idea of using West African dance as a fitness regimen has taken off with the popularity of artists such as the late Babatunde Olatunji of Nigeria and Les Ballets Africains, the national dance company of the Republic of Guinea. Drum circles with djembe

and other instruments also have become popular in some places.

Last year, the San Diego-based American Council on Exercise put West African dance on its list of predicted fitness trends. To find classes in Los Angeles, I searched the Internet and found several on Web sites, including Africanbeat.com.

RENEE TAWA (L.A. TIMES)

necessary, schedule more time.

Write down the matters you want to discuss so you won't forget. Compile a family medical history, a list of medications you take and your previous health problems.

Patients should research medical problems or conditions so they can have a more informed conversation with their doctor. MerckSource.com offers tips on how to prepare for doctor visits,

including a list of questions to help you articulate your reason for visiting the doctor. Doctors recommend sites of organizations such as AMA and The Mayo Clinic. Patient advocacy and research organizations such as the American Cancer Society and the American Heart Association are also good sources of information.

If you still feel shortchanged by your doctor, consider switching providers. THERESA AGOVINO (AP)

So not all nurses are hot? Are "ER" — the NBC show — nurses to blame for the nursing shortage? One group thinks so. In today's Washington Post, Health.

Classifieds

JOBS

ACCOUNTS PAYABLE CLERK

For National Environmental Trust, a D.C. based environmental public interest organization to be responsible for accounts payable & other accounting duties. Minimum of 2 years exper. preferably in nonprofit accounting plus excellent computer skills, accuracy & attention to details. B.A. or Associates degree in accounting desirable. Competitive salary & excellent benefits. NET is an EOE. Send cover letter & resume to AC Search, Ceres NGO Consulting, 617 Elm Ave., Takoma Park, MD 20912, or by email to consultceres@aol.com No calls please.

AIRLINE

FLIGHT ATTENDANTS OPEN INTERVIEWS Mesa Airlines/ US Airways Express

"One of America's Fastest Growing Regional Airlines"

Must be 19 w/valid driver license, pass criminal background. Available evenings, weekends & holidays. **Wed., Nov. 19 at 10am, 2pm or 6:00pm sharp** at the Holiday Inn Crystal City, 2650 Jefferson Davis Hwy., Arlington, VA 22202. EOE.

AUTO SALES

DARCARS

No experience necessary, we will train. The DARCARS Automotive Group is the #1 vol. Auto group in the Washington Metro area with 25 dealerships in Montgomery Co., P.G. Co., Frederick Co., Charles Co. and Fairfax Co. Due to the enormous growth of our company we are seeking highly motivated, customer friendly, career minded individuals to join our team of professionals.

We offer:
• Company car
• 401K
• Paid vacation
• \$80K+ first year earning potential
• Rapid advancement into management

For interview apply in person to Sam Bruner M-F Between 9:30am-7pm At DARCARS Mazda, 12214 Cherry Hill Rd., Silver Spring, MD. (Corner of Rte. 29 and Cherry Hill Rd.) (301) 622-0020.

BEAUTY—Hairdresser & Nail Tech experience. High quality. Busy location. Near Metro. 202-783-6565

BEAUTY Lic hairstylist & management opptys, now avail in our NoVA, DC and MD locs. Exper pref'd. Competitive salary + medical/dental, paid holidays, vacation + product comm. For an exciting oppty call Marilyn, 703-869-3472 or fax resume 1-800-810-7174.

BOOKKEEPER/Admin—P/T. AP/AR & collections. Must be proficient w/Quickbooks Pro. Graphics co in Springfld. Call 703-642-5511 or fax 703-642-5005

• **CARPENTER** • 5 yrs exper. Residential & light commercial in Montgomery Co., MD. Salary based on exper. Must have own tools & transp. Benefits avail. Paid holidays/vac/OT. EOE.

CALL: 301-330-6200

CONSTRUCTION/BRICKLAYER — Top pos. avail. Exper. & speed a must. \$18/hr + benef. 202-368-1319 16th Street Restoration LLC.

CONSTRUCTION ESTIMATOR

ENTRY LEVEL

Prepares quantity surveys, budgets & cost estimates for new residential construction & renovation of apartments and mixed use projects. Qualifications: skills & abilities normally associated with completion of 4 year college degree in Civil Engineering, Construction Management or equivalent experience. Please email resumes to: kristen.lester@clarkreality.com

DRIVER — \$55 Earn \$400-\$1100/wk. Busy courier co. Need great knowledge of DC or Balto. geo. & own vehicle or bike. Apply online www.citypl.com or 301-470-5620

DRIVER — Exper'd over the road drivers needed. Must have valid CDL. Call Herb, 240-683-8793 or 202-298-1662

Drivers EARN CASH DAILY

Take home
\$500-750 weekly!

- Flexible Hours
- Clean Vehicles
- Training Provided
- Driver Incentives

Must be 24 years old with a clean MD, DC or VA Driver's License.

Call 301-984-8294
Barwood Taxi
www.barwoodinc.com
Driven For Excellence
CODE: WPO1

DRIVERS ROUTE KNOWLEDGE OF / WORK IN LOCAL DEPT OF CHANTILLY, NORTHERN VA. OR ROCKVILLE CALL MR PAUL 3014193565 EX8034

EXECUTIVE ASSISTANT

Exec Asst/Proj Specialist

Ffx, VA. consulting firm. Need strong MS Office skills. B.S. + exp reqd/ M.S. pref. Fax resume & salary reqs to: 703-359-5971.

DENTAL HYGIENIST—FT, Vienna/Chantilly. Exc benes. 703 938-7615.

FACILITIES / MAINTENANCE

DC based Gen'l Contractor/Prop. Mngmnt. Co. in search of experienced maint. tech. for small off. bldg. Fax resume to (202) 789-0218 or email: wpelant@totalmanagementinc.com

FIRE ALARM TECH

Needed for 25 year old growing local company. Min. 2 yr exper. in installation & service. Excel. pay for the right person. Company benefits incl. 401K w/match, paid vacation, holiday & sick leave & company vehicle. EOE. DCJS11-1826. Call Dave at 301-881-0420

FOOD SERVICE—Hiring for several positions in new govt. cafeteria located in Pentagon City. Short Order Cook, Deli Prep, Utility and Cashier. Mon-Fri, 6:30-3:30. Exp. required. Call Bernie at 703-415-0280.

INVESTIGATOR—PT, to serve summons in Montgomery, P.G. & D.C. areas. FAX resume to Jean 410-823-1649.

JANITORIAL: EXPER. SUPERVISOR/CLEANER If —Detailed & dependable. Needs car. Mon-Sun, 3am-9am. Arl, Va. 240-497-1890

MAINTENANCE

FT Maintenance Mechanic needed for apartment bldgs. in Arlington, VA. Candidate must have plumbing, electrical, HVAC & general maintenance experience. FAX resume to 703-524-4660

MANAGERS/REPS

Can earn \$500-\$1000/week. PT/FT. No fees, no sales. Call 703-385-5390 after 2pm.

MARKETING/ENTRY LEVEL

SPORTS AND MORE

Growing Adv. Co. handling a wide range of clients has **8 ROOKIE** pos. in E-LVL:

- Sales
 - Marketing
 - Promotions
- No Exp. Nec. Rapid Advcmnt. **MUST BE ABLE TO START IMMED.** Up to \$35K 1st yr. Call Emily @ 703-534-7056 or fax resume to 703-534-7076.

MED RECEPT—FP in Springfield, VA accepting applications for FT Med Recept. FAX resume 703-922-0746

Models, Actors, Singers & Dance

TV, music & fashion videos also movies and print. 215-618-1551

Nanny—NOVA. 703-248-0400.

Apply www.ANannyOnTheNet.com

OFFICE MANAGER

For small construction co. Must have 5 yrs exper. Exper in computer & good English skills. Foundation in accounting. FAX resume 202-547-4959 or e-mail: lahowardconstruction@msn.com

PLUMBER MASTER — Bath remodeler offering excel. pay, holidays, vacat. & co. truck. 301-962-7713.

PLUMBERS & Exper'd Plumber's Helpers —Repair work, Arl. area. Must have own hand tools & have valid driver's lic. Call 703-271-0056

POLICE OFFICERS, SHERIFFS, CORRECTIONAL OFFICERS, LAW ENFORCEMENT PERSONNEL-ACTIVE OR RETIRED-Part Time —\$20/HR. Call 202-678-3248.

RECEPTIONIST

Busy CPA Firm in Silver Spring needs a receptionist with strong communication skills both verbal and written. Duties include typing (65 wpm required), filing and other administrative duties. Must be a self starter. Great benefits package and close to Metro. Please forward resume to bkey@cnacpa.com.

RESTAURANT — Italian restaurant in Germantown. seeks FT/PT Asst Managers, Cooks & Exper. Wait Staff. Call Nick 301-404-8201.

Restaurant Managers

Seeking Experienced Manager, Culinary Institute Graduate for International Vegetarian Cuisine, and all kitchen and dining room staff. Contact Shah at jawaharshah@comcast.net, or call 202 223 5043.

ROOFING—Roofers needed ASAP. Exper'd in all phases of commercial roofing. No shingles. Top pay. Great benefits. EOE. Call 703-631-0502 btwn 9am & 3pm.

SALES

Conservative political organization in Vienna (no metro) needs you for evenings (6-10pm M-F)/weekends telemarketing to their current members. Submit resume to: Results@TemporariesNow.com

SECURITY ALARM TECH

Needed for 25 year old growing local company. Min. 2 yr exper. in installation & service. Excel. pay for the right person. Company benefits incl. 401K w/match, paid vacation, holiday & sick leave & company vehicle. EOE. DCJS11-1826. Call Dave at 301-881-0420.

Security -SECURPROS

Email: personnel@securpros.com
301-459-8322 X 3 **FAX 301-459-8324**
SHEET METAL—Seamless gutters. F/T, exper only. Guarantee pay. Health & dental ins & 401K plan. Call Roger, 800-722-6668

TEACHER MIDDLE SCHOOL

For small private international school. Math, Literature & History background a plus. FAX resume 301-718-6214; Call 301-652-7751

TEACHER/TUTOR

For Private Middle School After School Program. FAX resume 301-718-6214; Call 301-652-7751

Volunteers

Needed for thesis study. Looking for people born to an unwed parent. Ages 18-90. All races and ethnic groups needed. Call 703-812-0392.

WAREHOUSE—Dulles Airport Area Fulfillment Center seeks permanent FT persons to pick/pack, ship/receive. Must have own transportation. Able to lift 50lbs & speak/read English fluently. \$9 to \$11/hr & benefits. 703-689-0296.

? SINCE YOU ASKED

Q My doctor always seems so rushed during my appointments. How can I make sure I'm getting what I need?

A Lower payments from insurance companies mean physicians must see more patients to earn a living. So doctors say it's very important for patients to prepare in advance.

If you have a specific or complex problem, tell the person making the appointment so they can alert the physician or, if

Classifieds

JOBS

RETAIL/HOLIDAY HELP—needed FT/PT at Eastern Market poultry stand. Call 301-424-8887

STUFF

BARGAINS !!

- IBM Thinkpad PII 366 \$369
- HP Vectra PIII - DVD/CDRW \$389
- HP Laserjet 4+ for \$99

And Much Much More
Come Check Out the Savings
VA: 703-821-1400 MD: 301-931-6630

DIAMONDS GIA CERT. Wholesale prices direct from the cutter. 202-841-8776

FLOORING SPECIAL—Carpet overstock, hardwood \$5.99/sf, laminate \$4.99/sf. Prices incl. quick installation. 301-456-8451.

FREEZER/Master-Bilt—Sub zero display model, NSF approved. Like new. Under warr. A deal @ \$1500 (\$3400 new). 410-268-4197

FURN—MY FURNITURE STORE
Holiday special! 9 pc group. \$268 & up.
1817 West Virginia Ave. NE. 202-526-1900

FURN—Save \$1000's off retail. Solid Mahogany. Classic! **Brand new** dining tables (seating for 6 to 10), \$850-\$1400. Chairs \$150 ea. China cabinets \$850-\$1350. Bedroom sets (beds from \$950). Delivery available. 301-972-9169

GRANITE

Need Granite Kitchen Counter Top or Vanity Top.? Call 301-931-9090 GREAT PRICES

KARASTAN RUG—11.6' x 20'. Red Sarouk (Burgundy). Drycleaned & moth proofed. Brand new cond. w/Underpad. \$2000. 717-334-6323

PIANO—'41 Baldwin, concert grand. University/prof owned. Serious inq ONLY. \$42,000. 434-295-7158

SAW, MARBLE—Zambon 20 hp, complete w/table. Avail 12/10/03. \$15,000/OBO. 301-831-1323.

**Automotive.
Wednesdays.**

express

XX247

**CAREER TRAINING AND
EMPLOYMENT SERVICES**

TICKETS

REDSKINS-SAINTS/EAGLES

Club level, sect 334, aisle seats, 2 tickets + parking. \$400/offer. 301-526-2517

PETS

ALASKAN MALAMUTE PUPS—AKC, M/F, \$800. Now accepting deposits. 540-552-6255

CANE CORSO PUPS—ICCF reg., Ready 12/21. Shots/worm shipping avail. 301-516-0264. www.bigtreekennels.com

RESCUED KITTENS & YOUNG ADULT CATS—for adoption. Shots, FeLV & FIV neg. Call 703-354-5382.

SUGAR GLIDERS

\$50-\$250 Babies & Breeding Pairs. 540-373-4705 after 12 Noon.

APARTMENTS

16th St Heights/Petworth—Spac 2BR, wlk to metro/buses, w/d, pets negot, \$1200 + utils, Open Sun 11/9 1-4, 1129 Buchanan St. NW

ABLE TO AFFORD-Yet Got Denied?
Don't despair! Places MD/DC/VA
Call: **The Right Place 888-813-5689**

ADAMS MORGAN/DUPONT CIRCLE
2 RENTALS AVAILABLE
\$1200-\$1300/mo.
703-625-8495

ALEX—1BR, 2nd flr. Nr. 2 malls/Metro. Gas heat/appls. New paint-windows-cpt. \$900. david@drsmc1@ispwest.com

ALEX/DEL RAY—charming 2 BR hse nr Old Town/Crys City. Walk to restaurants, shop'g & metro. All amens., OSP \$1700. 202-986-1482

ALEX/LANDMARK \$1475-\$1595
Luxury 2BR, 2BA, loft condo, fireplace, washer dryer, dishwasher++. 1 mi to Metro.
703-912-1759

ALEX—sought after Montebello, \$1300. Beautiful 2BR, 2BA w/enclosed balcony, gated community. Shuttle bus to Metro. Many amenities. Owner/agent, 703-218-7734

ARL N—Effcy. Avail immed. Located on high flr. Lge balc overlooks NW Washington, lge walk-in closet, sleeping alcove, LR/DR combin, pool, rooftop. Walk to Metro & G-town, mins to 66/395 & airport. Jog/bike path. BBQ area. Resvd gar prkg. \$875+ elec. 703-524-5950

**CAREER TRAINING AND
EMPLOYMENT SERVICES**

ALEX/KINGSTOWNE/5 min wlk to Metro—3BR/Libr, 2BA, 2 lvs, loft, huge storage area, frpl, full sz w/d, \$1450. 703-303-2268

ALEX/Old Town—2BR, 2BA, wlk to OT. Steps fr metro. 950SF. \$1675. Move in allow \$300. 202-494-8651.

AMERICAN UNIVERSITY

Near Mass. & Wisc. Aves. Great studio with garden view. 1 block to busline. AC, D/W. \$825+utils. 301-871-7317

ARL—1BR condo, avail immed. \$925/mo + elec. 703-409-3163

ARL/BALLSTON METRO—Lux hi-rise, lge. 2BR dlx unit w/gar. prking, fpl, balc., fitness rm., across Ballston Metro. \$1875. 703-795-6058

ARL/CLARENDON METRO—New lux 2BR, 2BA condo at The Hartford. Lg balc. Reserved prkg avail. 1200 N. Hartford St. \$1950. 703-887-9906.

ARL/CLARENDON—Walk to Metro. 3BR SFH. New kitchen. CAC, hardwood floors. \$2100. 703-587-7132. OLREA

ARL N KEY BRIDGE-GEOTWN
Cozy studio BR-den. \$395. Safe. Pvt entr. Metro. 703-527-3377. aft 6:30

ARLINGTON RIDGE 1617 Army Navy Drive \$2600
Remodeled 4BR, 3BA SFH w/2 car gar. Blks to Metro, shopping, & malls. Will consider pets. Open House, Sat & Sun, Nov. 15th & 16th, 10-3. 703-328-3155

ASHBURN-BELMONT COUNTRY CLUB
A gated community, luxury Townhouse on golf course end unit, 3 fin lvs, 3700 SF, 3-4BR, 3.5BA, garage, fireplace, deck, Owner/Agent \$2500 703-777-7746.

ASHBURN—Gorgeous 3 lvl TH, marvelous lake views, 3BR, 2½BA, avail 1/1/04. \$2200. 703-724-0602

BETH N/GROSVENOR \$910
Lg effcy on upper flr w/new paint & crpt. Move-in cond. 1 blk Metro.
Call Peter, 301 493-4149
Fairfax Realty.

BETH/NIH—Single Family House, 3BR + den, 2-BA, new kit., no pets. Groups okay. \$1500. 301-509-0069

BETH/Promenade—Elegant cozy 1BR/den, gym. \$1,450. 301-980-9909

BETH—Well maint. 4BR, 3BA, walk to Metro. Quiet street nr bike path & Leland Rec Ctr. \$3200/mo +utils. Avail mid Dec. 301-986-5643

BETHESDA

Walk to Metro. 1 BR + den. \$1200.

301-493-6146

Bethesda \$1800

Heart of Bethesda

Walk to Metro, 2BR, 2 full baths, totally updated w/garage. Rent incl. utils., parking. 301-652-6119.

BURKE CTR/FFX—3BR 2½BA, fin bsmt. deck. nr VRE. \$1295. Avl now. 703-690-2888; 703-582-0436

CAP HILL 903 Independence Ave.—1BR, 2 floors, yard, CAC, fireplace, den, \$950+. 301-299-3451

CAP HILL—Bright lge 1BR apt, dwg, w/d, ht incl, NS, no pets, 814 Maryland Ave. N.E. \$999 Open Sun. 1-4. 202-546-4632.

CAP HILL—Carriage 1½BR 1½BA 2bls E. Mrkt Metro \$1595 301-249-4850

CRYSTAL CITY—1 & 2BR apts, all utils incl. w/CATV, nr Metro/shops/restaurants. Free prkg. Sht-term lease. Starting at \$1100. 703-979-3772

DUP CIR/Q ST—2 blks E. Metro. Attrac 1BR apt w/priv. patio & grdn in Engl Bsmt. Exps'd brk fpl, lrg wlk-in clst, Jap. Soak tub, modern kitch & 7' serving bar. Pet friendly. 2 Entrcs. cac/heat. w/d. No smkg. Parkg avail. \$1600+uti. 202-387-3872

FALLS CH—Effc \$700, 2BR \$950, 3BR \$1175, + gas & elec. Bus at door. Near shops. Carlyn Hill Apts 703-578-3329, lv. msg.

FALLS CH/Lake view—1BR den, deck, frpl, cath cells, w/d, hdwd flrs, \$1190/mo. Open Sun. 1-5 pm. 703-573-6805; Cell 202-288-7537

G'TWYN/3204 Q ST NW

Charming 1BR, KIT, LR, W/D, patio, catv, min 3mos, \$1500 util incl. 202-251-1603

GEORGE WASHINGTON FOGGY BOTTOM

Fabulous location. Spacious 1BR apartment available. Totally renovated. Call for specials

202-333-2400

GEORGETOWN

Sunlet furnished 1BR apartment.

\$1650+utilities

301-229-7087

GERMANTOWN—\$1500/MO. \$1000 Down, lease option No credit check,

Infinity Investment Group, Inc. 301-270-8470

GREENBELT—Greenbriar 1-BR 1-BA condo, lower lv, W/D, all utils incl. \$1100/mo. Call 240-381-4958

G'TOWN—Designer remodeled, lux 3BR, FR, 2½BA, great sunny space, patio, fpl, wine cellar, w/d, cac, \$4600/mo. 202-965-7671

HYATTSV/Palmer Pk 7701 Bender Rd—Lge TH, features 4BR, 1½BA conveniently loc nr shops, FedEx field, & E-Z access to all points, \$1450+utils. Susie Moore & Associates

301-449-7979 MLS #PG4643017

KENSINGTON—Min to Wheaton Metro new re-nov, 2BR 1BA, carpet, patio, grill, \$1125 301-529-4320

MCLEAN—2BR, 1BA, sunrm, ofc, cac, carport. \$1650. 703-356-5905

MCLEAN/Tyson—2 Lg BR, 1.5 BA 2 story condo, w/d. No Pets, NS. \$1275. Call 240-731-5809

NE/SE D.C. APARTMENTS

1 & 2BR. Handicap access. Sec 8 ok. \$695 & up. 240-375-1436

N.W.—Brand new 1BR, in Heart of Dwnth D.C. avail 11/17. Must see. Call Cyrus 703-598-3896 or 703-749-7941 Ext 201

N.W.—TH 2BR (1 suite), den, finish basement, back deck, \$1300+ utils. 202-726-5674

PG COUNTY

Beautiful 3BR with 2-car. Must go. No credit check. \$1K down. Lse opt.

HAC Enterprises 202-265-2550

RENTALS GALORE—Serving all of Montgomery Co.

Move in Today 240-393-9222

PENN QUARTER/Downtown—Brand new 1BR condo w/ cutting edge design in landmark Mather Studios. 916 G St. N.W. Sundrenched apt w/Euro-pean designed kit w/SS appls. granite cntrs, maple cabinets, exposed brk walls, spectacular view, w/d, pets welcome. 1 blk to Subway, Arena, YWCA, rests. Avail now. \$1950. 202-258-3301.

SE—2BR, on busline. \$1200/mo. Section 8 welcome. 301-652-2002.

SILVER SPRING

Beaut 3-BR 3-BA, rambler, gas fireplace, all amenities. Wlk to Metro. \$1790. 301-379-3755

SPRINGFIELD—5Bedroom/Den, 3Baths, 2 fire-places. Near Bus. \$2100. Avail. 12/1. 703-451-5745

UPPER MARLB—Immac. 3BR, 2½BA. \$1000 down. \$1365/mo. No credit check. Lease optn. Call **Infinity Investment Group, Inc.** 301-270-8470.

WOODLEY PK/CONN AVE—Lux mini penthse 1BR condo, pool. 1 blk Metro/Zoo. \$1750. 202-537-1715

ROOMMATES

FAIRFAX—1BR/BA, w/o bsmt, avail 12/1, 8 min wlk to Vienna Metro, quiet, nr 66/495/50/Lee Hwy, \$650+½ utils. Lg rm, \$500+½ utils. 703-909-0351.

HERNDON—TH to shr. Furn/unfurn. \$350 incl. Patio, pool tbl, cool pad, cool dog. Call Doug, 703-981-2393

POTOMAC FALLS—Bedrm, own bath, in brand new TH, \$395/mo 202-435-5249; 703-444-0901.

RESTON—MBR, catv, clean. Pool, nr airport/Twn Ctr. Prkg. \$600 incl utls. Sec dep req'd. 703-222-3601

CONDOS

ADAMS MORGAN/DUPONT CIRCLE

THE DREW CONDOS

3 renov condo units, European kitch, bamboo flrs, new applcs/BA, STARTING AT \$160K-\$180K

1822 15th St, NW, Wash DC 20009

Call 571-228-9694 703-625-8495

ALEX BY APPT MONTEBELLO

Tucked away from the noise & traffic on 35 acres of manicured grounds, you will find Montebello, a gated community just outside the Beltway.

Sales and Rentals available.

Lois M. Delaney, CRB, CRS

MONTEBELLO MARKETING www.montebello-marketing.com

703-548-9598 800-446-4187

ALEX NEW LISTING \$169,900

2 BR, 2 BA w/balc in lux bldg overlooking park. Hdwd flrs, decor. thruout. 1132 Sf. Conv. to Metro.

Open Sat 11-2. 5340 Holmes Rn Pkwy #1015.

Call Karinna

703-370-8670. Taylor Brown RES

ALEX/PARKFAIRFAX \$285,000

2BR, beaut, patio, excel. loc. A MUST SEE! CALL 202-255-4947

ARL NEW LISTING \$178,500

Horizon House. Bright, clean, move-in cond 1 BR w/balc in lux bldg. Walk to Metro. **Open Sun.**

2-5pm. 1300 Army Navy Dr. #920.

703370703-370-8670. Taylor Brown RES

BETH/PROMENADE \$380,000

Rare 2 BR, 2 BA lge end unit. Oversized balc. Freshly painted. On upper flr in one of Bethesda's premier high rises. Gar. pools, tennis, health club & more. Call Peter at 301-493-4149, Fairfax Realty

www.pktumeyer.com

FALLS CHURCH—Lg 1BR condo w/frncd yrd, compl remodeled, 2 blocks WFC, metro, ½ blk shopping. \$185,000. Open SUN, 1-4. 134 Birch St. 703-855-4242

Ft. Stanton/SE BEST BUY IN D.C.!

HILLWOOD CONDOMINIUMS

Exceptional NEW Renovated 1, 2, 3 BR Units AVAILABLE

• Great Location Near Metro and Major Roads

• Sunny & Spacious

• Fully Equipped Kitchens

• Reserve Parking

• HUD Grant+Closing Asst

OPEN SAT 12-4/SUN 2-4

Sales Ofc—1613 Gainesville St. SE

CALL Joe Myers, 202-678-4900

KRIEGBSFELD CORP — RE SALES

202-363-9640

Equal Housing Opportunity

NIKTA CONDOS 1123 5TH ST. N.W.

NEW RENOVATED CONDOS

AVAILABLE FOR PREVIEW

BY APPT ONLY. 703-625-8495

N.W.—Brand new 1BR, in Heart of Downtown D.C. Must see. Call Cyrus 703-598-3896 or 703-749-7941 Ext 201.

HOUSES

ALEX/Nr All Bases—BRAND-NEW SFH & TOWN-HOUSES, 3 & 4BRs, 2½Bas, 3 lvs, 1 & 2 car gar. Avail now, 12/1, 1/1, 2/1. Owner finan. avail. Credit issues, bankruptcy no problems, many options. 703-660-6752. Let's Make A Deal.

ANNANDALE—5000 fin SF, sep apt, 5BR, 5FBA, 1 mi fr the Beltway. Over ½ ac. New Listing. \$657,900. Call for Open Time, Tracy RE/MAX Premier 703-444-0669.

AUCTION-HARRISBURG, PA

DECEMBER 4, NOON—12,000+ SF. Redone brick downtown office bldg., nice. Hobbie Auction 2591-L, (717) 233-0115 or (717) 648-0714

BALTIMORE CITY—Investment props. 8 hses Investor liquidation. \$5K shell to \$50K-2 units. Must sell 301-847-0034

CASH FOR YOUR HOUSE

Any cond. No comm. No hassle. 1-800-noagent

CATLETT—New 24275f Colonial, 3-4BR/2½BA, all electric, porch, 2 car gar, well septic, 10708 Shenandoah Path, ADC 38-C2, \$349,900, 540-788-9516

FAIRFAX CITY—SFH, 3BR, 2FBA fin bsmt, excel cond, like new, new kit/bath, new w/w crpt, \$335,000. call Jim for appt 703-354-3397

Alexandria \$327,900 3757 Shannons Green Way
Luxury brick front townhouse 3 BR, 2.5 bath, garage, front & rear bay windows...built 2001...large gourmet mirrored kitchen w/island, mirrored lv, 10X16 deck with steps to fenced/paved yard, soaking tub in master bath, cathedral ceilings, near metro
A MUST SEE! bf06 703-619-0337

CLARKSVILLE \$693,000—\$713,790 w/Realtor. Charming 4BR, 3.5BA custom-built home. Lovely 3 acre lot. A MUST SEE! Qualified buyers only please. 410-531-2733 410-984-3017

DC/1717 K St.—OSI - the on demand office services specialist, part-time offices, day, eve, weekend access, plus phone, mail, full services, \$45-200/mo. 202-508-3896

HANDYMAN SPECIALS/NE.

4116 Gault Pl. N.E.—\$69,900
4812 Sheriff Rd. N.E. —\$55,000
301-589-1200/X165

Playback

Letters

TO THE EDITOR

THE ARTICLE "Fear of Saddam's Return Hurts U.S." (Nov. 12) underscores how the war in Iraq and the war in Vietnam closely parallel each other more daily. The article quotes Lt. Gen. Ricardo Sanchez's "snappy denial" of a parallel, which shows comparisons cut close to the bone.

An even more serious symptom is Gen. Sanchez's "militarily-they-cannot-defeat-us" mantra. Any reader of Karl von Clausewitz knows that the success of war lies not in battle victories of a conquering army, but in the moral guts and political will of the people involved on both sides.

—DAN MEYER
Alexandria, Va.

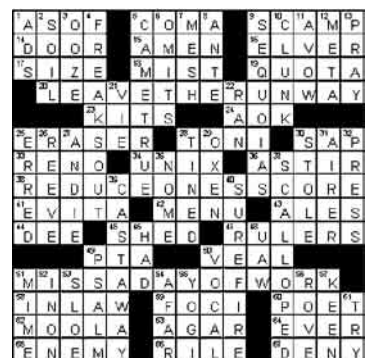
JANICE P. KENNEDY dismisses the problem of overcrowding on the Metro because she always gets a seat at New Carrollton (Nov. 17). Well, of course she does — that's the end of the line. I get a seat in the morning at Vienna/Fairfax for the same reason, but by the time the train reaches the District, there isn't even standing room left. The only other subway system I know is in Chicago, and while Metro has many advantages over CTA, it's a lot worse at ensuring there's enough room for its patrons.

—ADRIAN M. RUSH
Fairfax, Va.

WRITE TO EXPRESS

Letters must include the writer's name, address and telephone number. Submissions may be edited for space. E-mail to inbox@readexpress.com or mail to Express Letters, PO Box 17370, Arlington, VA 22216.

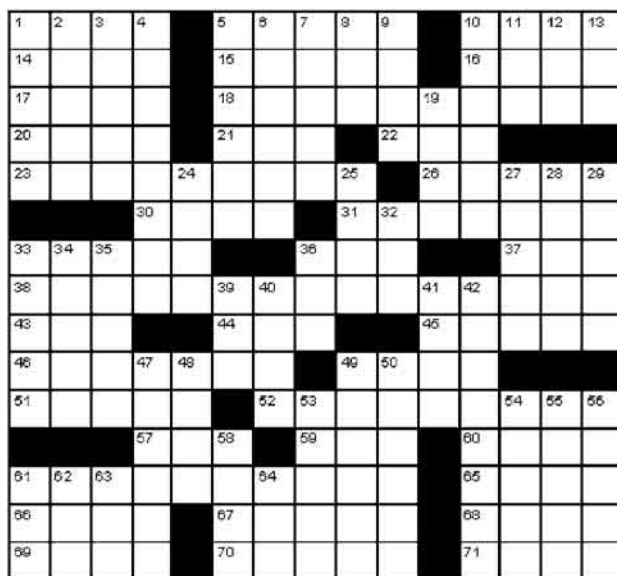
Yesterday's Solutions



Crossword Puzzle: Getting the Brushoff | Edited by Timothy E. Parker

ACROSS

- 1 Drug agent
- 5 Prepares a lunch box
- 10 Drains
- 14 Director Kazan
- 15 Heart chambers
- 16 Catch in a sting
- 17 Bunker, for one
- 18 Nighttime visitor
- 20 It might wind up on a boat
- 21 Cell messenger
- 22 Back talk
- 23 Like a court witness
- 26 Spills the beans
- 30 Yawn-provoking
- 31 Weapons stash
- 33 New York island
- 36 Old hand
- 37 Cover-up of a sort
- 38 Carouse
- 43 Squirt from an octopus
- 44 Mo. for back-to-school sales
- 45 Pays attention to
- 46 Well-known Palace
- 49 Diesel fuel pollutant
- 51 Opposing positions
- 52 Winner of eight Tonys for 2003
- 57 Copacabana city
- 59 Old Ford
- 60 Infrequent



- 61 Word to the wise
- 65 One on a pedestal
- 66 Enduring symbol
- 67 Remodeler's concern
- 68 Bivouac
- 69 Tennis rival of 27-Dwn
- 70 Checks
- 71 Stretches of time

DOWN

- 1 Indian independence leader
- 2 Earth invader
- 3 Irritated
- 4 Got on a radio talk show
- 5 Walk a beat
- 6 Unkeyed, as some compositions
- 7 Zagreb native
- 8 Do-it-yourself aid
- 9 Comedian Mort
- 10 Sugar or flour, e.g.
- 11 "Exodus" hero
- 12 Conclusion to a drive, perhaps
- 13 Person with intelligence?
- 19 Stretches the truth
- 24 Sign of a clunker

- 25 "Entertainment Tonight" anchor
- 27 Tennis rival of 69-Across
- 28 Howled
- 29 Snowmobile precursors
- 32 Tigger's pal
- 33 Long chronicles
- 34 Veranda
- 35 Fancied
- 36 Game board jumper
- 39 Nicotine partner
- 40 "Quiet!"
- 41 Title word of an Abbott and Costello routine
- 42 Bottom-line cost
- 47 Placid
- 48 Marco Polo destination
- 49 TV standard
- 50 Directives
- 53 Shock rocker Cooper
- 54 Doppler device
- 55 Scent
- 56 Barks excitedly
- 58 Lottery likelihood
- 61 Drink slowly
- 62 Straight start, maybe
- 63 Nabbed
- 64 WWII fighter

The Duplex | Glenn McCoy



Horoscope | Stella Wilder

SCORPIO (Oct. 23-Nov. 21) — Take care that you aren't too obvious as you approach others for support. Getting assistance will require a clever, subtle approach.

SAGITTARIUS (Nov. 22-Dec. 21) — You may encounter difficulty if you keep trying to get someone else to change his ways without making any attempt at a compromise.

CAPRICORN (Dec. 22-Jan. 19) — Concentrate on both quality and quantity to maximize your own personal gains. Don't be stingy with others during the evening.

AQUARIUS (Jan. 20-Feb. 18) — A long, difficult period of uncertainty is ending. You may feel that a great weight has been

lifted.

PISCES (Feb. 19-March 20) — Don't stop to think about how far you've come until you've reached your destination. Now is not the time to pause for any reason.

ARIES (March 21-April 19) — You may be thinking a little too much of your own welfare at this time. Concentrate on those who are looking up to you.

TAURUS (April 20-May 20) — You may have to take advantage of a little help that is offered to you before the day is out. Use any advice you get as creatively as you can.

GEMINI (May 21-June 20) — Don't respond to anything with your emotions running on high; steer clear of anything that

seems extreme in any direction.

CANCER (June 21-July 22) — A combination of luck and planning will work to your advantage. It's important that you know just how much others are involved.

LEO (July 23-Aug. 22) — If an early-riser, you can make use of one or two golden opportunities this morning before anyone else is even aware of them.

VIRGO (Aug. 23-Sept. 22) — Put your best foot forward. Don't concentrate so much on rewards, but on the process itself. Growth comes from introspection.

LIBRA (Sept. 23-Oct. 22) — Some may not take seriously your very hefty credentials. Don't be surprised if you have to prove yourself in some way.

SNIPER VERDICT

Live Online

From washingtonpost.com/liveonline

STEVEN BENJAMIN, a criminal defense lawyer, was online Monday to discuss the guilty verdict in the case of sniper John Allen Muhammad.

Will Muhammad be tried for the other killings or will Maryland, D.C., and Alabama waive prosecution for the other cases?

A good illustration is what happened to Terry Nichols. He did not receive the death penalty when he was tried in federal court; as a consequence, the state of Oklahoma is seeking the death penalty. So, the other states may take into consideration the sentence in this case. If he receives the death penalty, the other states may decide not to bear the expense.

My girlfriend and I disagree on the likelihood that Muhammad will be sentenced to death. I say it's a misapplication of the terrorist statute, and the jury will recognize this and go with life imprisonment. She says that despite the case not being the type of case that the statute was intended for, it still falls under the legal definition and he will probably be sentenced to death. What do you think?

I think your girlfriend is correct. Nobody contemplated such an act at the time the statute was written. We were all thinking of conventional terrorism. But she nails the answer: The statute's meaning is to be derived by the clear language. If it fits the facts, it will be upheld.

How much, in your opinion, did Muhammad hurt his case by originally defending himself? Seems to me that the jury got an inside look at his character.

My initial thought was that an admission that "I was there" couldn't help at all. More telling was his seizing control of the case, as this act was consistent with the type of personality that was depicted by the prosecution. What could hurt him was the complete lack of remorse.

Today on Live Online:

NOON: They Might Be Giants' John Flansburgh discusses the release of their documentary and their children's book.

express

A Publication of The Washington Post

CHRISTOPHER MA—PUBLISHER | ARNIE APPLEBAUM—GENERAL MANAGER | DAN CACCAVARO—MANAGING EDITOR | EDITORS—JODI BAFUNDO, GREG BARBER, ARION BERGER, HOLLY MORRIS, MATT SWENSON, KIMBERLY TABOR | DESIGN—LIZ YAP | PRODUCTION—MATTHEW LIDDI | PHOTO—MARCIA HARDER | CONTENT DEVELOPERS—DANNY FREEDMAN, DARONA WILLIAMS | EDITORIAL INTERN—ANDREA COHEN | PUBLISHED BY EXPRESS PUBLICATIONS COMPANY, LLC PO BOX 17370 ARLINGTON, VA 22216 | A SUBSIDIARY OF THE WASHINGTON POST COMPANY | MAIN NUMBER: 703-469-2800 | FAX: 703-469-2831 | CIRCULATION INQUIRIES: 202-334-6992 | ADVERTISING INQUIRIES: CALL BOB KEENAN AT 202-334-6025 OR SEND E-MAIL TO ADS@READEXPRESS.COM.

People

CASTING

An Exciting New Franchise

STEVE MARTIN, whose film roles have ranged from "The Jerk" to "Father of the Bride," is now stepping up to play bumbling Inspector Clouseau in an MGM remake of "The Pink Panther."



The original production and four sequels starred Peter Sellers as the inept French detective who tracks down jewel thieves.

Ivan Reitman is both the movie's producer and director. Martin's next appearance on the big screen in the starring role of the father in "Cheaper By the Dozen," set for release next month. (AP)

REHAB

Rush Hasn't Become Pasta

In his first broadcast after undergoing rehab for addiction to painkillers, **RUSH LIMBAUGH** reassured his radio listeners Monday that he hadn't been turned into a "linguini-spined liberal." He said there was more about his experience that he

wanted to tell but could not. "I've not been artificial on the program," he said. "I was all of that elsewhere. I was all that other places, but not here. And all of this will reveal itself." The industry trade publication *Talkers* magazine predicted his audience was probably about three times its normal size for his return. (AP)



JIM RUTY/REUTERS

BROOD

All in the Family

ROD STEWART arrived at the American Music Awards with six people who call him "Dad," including 32-year-old wife Penny Lancaster (left). It's a term of endearment, says Stewart, 58 — plus, he sometimes introduces her as a daughter. He's recently opined that he is criticized for marrying a younger woman far more than is Paul McCartney. (EXPRESS)



NICK LITAP

"I can see my lip gloss — it's perfect!"

BRITNEY

Shiny, Pretty, Pointy

Nearly 2,000 fans watched as **BRITNEY SPEARS** received a star on the Hollywood Walk of Fame Monday. One young woman begged Spears to touch her hand — then burst into tears when the singer complied. At 21, Spears tied with "Little House on the Prairie" actress Melissa Gilbert for being the youngest person to accept a star. (AP)

AWARDS

Music Honors Doled Out

Soul singer Luther Vandross, who is recovering from a debilitating stroke that threatened to end not only his career but his life, won a leading two American Music Awards on Sunday. He was honored as best male R&B performer and favorite soul-R&B album for his most recent CD, "Dance with My Father," which was completed shortly before

his stroke in April. Mary Vandross, his mother, accepted on his behalf.



He performed "Jesus Is Love" with Ruben Studdard, after the pair were introduced as "the spaghetti and meatball of 'American Idol.'" (AP)

A special honor went to "American Idol" runner-up **CLAY AIKEN**, who won the Internet-voted fan-favorite award.

CFC Organizations:

If your ad was here, it could be seen today by tens of thousands of federal employees.

If your organization benefits from Combined Federal Campaign donor designations, make your appeal in Express. Thirty-three percent of federal workers in the Washington area ride Metrorail, primary distribution point of Express, in a one-week period. That means your donors are riding, reading, and quite possibly waiting to see your message right here before they make their CFC pledge.

Call Mora Segal at 202-334-4130 to place your message in Express.

express

A publication of *The Washington Post*



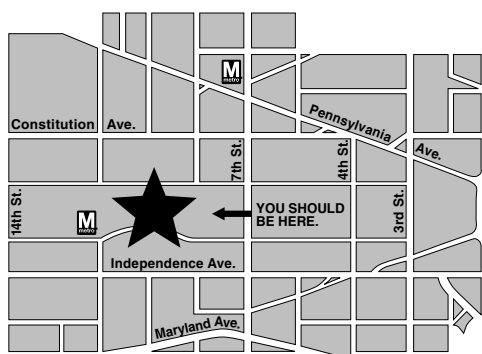
EVERYONE'S WARMING UP FOR THE 16TH ANNUAL



HELP THE HOMELESS WALKATHON. SHOULDN'T YOU?



BRING YOUR FAMILY AND FRIENDS AND JOIN US ON NOVEMBER 22
AS WE RAISE FUNDS TO PREVENT AND END HOMELESSNESS.



LOCATION: The Walk starts at the National Mall between 7th St. and 14th St. NW.

TAKE METRO: Metro opens early, at 6:00 a.m. Take Metrorail to the Smithsonian or the Archives-Navy Mem'l Station or take Metrobus Route 30, 32, 34, 35 or 36.

DATE: Saturday, November 22, 2003 (rain or shine)

TIME: The Walk begins at 9:00 a.m. on the National Mall.

REGISTRATION: Begins at 7:00 a.m. To register in advance, log on to www.helpthehomelessdc.org or call 1-877-WALK-HTH. \$25 for adults and \$15 for youth (25 and under). Each registered participant will receive a T-shirt at the walkathon.

MILLENNIUM
SPONSORS



MEDIA
PARTNER

